



PART 1 – PROGRAMME SPECIFICATION		
1	Awarding institution	St Mary's University, Twickenham
2	Partner institution and location of teaching (if applicable)	N/A
3	Type of collaborative arrangement (if applicable)	N/A
4	Award title	Sport Rehabilitation
5	Final award	BSc (Hons)
6	Interim award(s) with award titles (if specific titles have been designated)	Certificate of Higher Education (CertHE) Sports Injury Studies Diploma of Higher Education (DipHE) Sports Injury Studies Ordinary degree Sports Injury Studies
7	Faculty with responsibility for the programme	Sport, Health & Applied Sciences
8	Language of study	English
9	Joint Honours combinations	N/A
10	UCAS code	
11	JACS code	C630
12	Professional, Statutory or Regulatory Body (PSRB) accreditation / recognition	British Association of Sport Rehabilitators and Trainers (BASRaT)
13	QAA subject benchmark or other relevant external reference point	QAA Subject Benchmark Statement: Health care programmes; Physiotherapy. QAA Subject Benchmark Statement: Events, Hospitality, Leisure, Sport and Tourism. BASRaT Educational Framework
14	Normal completion time and maximum duration of study	Normal completion time: Full-time study – 3 years Part-time study – 6 years Maximum duration of study – 7 years (14 consecutive semesters)



15	Mode of study	Full time Part time.
16	Mode of delivery	Blended
17	Date approved and name of authorised body	FADC, September 2019
18	Applies to students commencing study in (month/year)	September 2019
PART 2 – CURRICULUM SPECIFIC DETAILS		
19	Summary of the programme	The BSc (Hons) Sport Rehabilitation programme provides students with the knowledge and skills of a Graduate Sport Rehabilitator (GSR). Students will build this knowledge as they progress through the three years of the programme around the key strands of injury assessment, exercise rehabilitation, injury treatment, and research. Students will also complete a minimum of 400 hours of clinical placement in different settings including professional and semi-professional sport and private clinics.
20	Aims of the programme	The programmes aims to: <ul style="list-style-type: none"> 1. Provide a balanced, stimulating and academically sound education within the area of Sport Rehabilitation which allows students to develop their academic and professional potential. 2. To provide students with the opportunity of looking at health, injury and fitness from a multidisciplinary and holistic perspective with reference to wider ethical and moral issues including the welfare and care of others. 3. To develop students' knowledge and critical understanding of the major domains of sport rehabilitation and the use of an evidence based approach in providing solutions to health, injury and fitness. 4. To enable students to become multi-skilled practitioners in the field of sport rehabilitation and to become a member of the professional body BASRaT. 5. Enhance the employability of students in the context of employers' expectations of subject knowledge and practical experience
21	Criteria for admission	Candidates must satisfy the general admissions requirements of St Mary's University (see www.stmarys.ac.uk/admissions-policy). Entry onto the BSc (Hons) Sport Rehabilitation programme requires applicants to achieve 112 UCAS points including a B in either A Level Biology or PE.



		<p>Applicants should achieve DDD in BTEC in the following subjects; Sport, Sports Coaching, Sport and Exercise Science. Those predicted DMM will be invited to interview to determine their suitability to study the programme.</p> <p>For Access Course applicants, modules in Biology must be completed. Applicants must achieve a minimum of 30 credits at Distinction level.</p> <p>Other applicants will be considered on an individual basis and will be invited for interview if appropriate. Previous experience in related fields will be considered as favourable for these applicants.</p> <p>If English is not the applicants first language they will need to achieve an IELTS score of 6.0 overall with no less than 5.5 in any section (or equivalent). Applicants will need to complete an Enhanced DBS check.</p> <p>Applicants wishing to apply for APEL must have studied modules on a BASRaT accredited programme which will be mapped against the modules in this programme.</p>																		
22	Scheduled learning time	<table border="1" data-bbox="448 981 1315 1328"> <thead> <tr> <th>Type of learning time</th> <th>Number of hours</th> <th>Expressed as %</th> </tr> </thead> <tbody> <tr> <td>Contact time</td> <td>966</td> <td>26%</td> </tr> <tr> <td>Placement/work-based learning hours</td> <td>400</td> <td>11%</td> </tr> <tr> <td>Guided learning hours</td> <td>295</td> <td>8%</td> </tr> <tr> <td>Independent study time</td> <td>2086</td> <td>55%</td> </tr> <tr> <td>TOTAL*</td> <td>3747</td> <td>100%</td> </tr> </tbody> </table> <p>*Please note that the total amount of learning time exceeds the normal due to the PSRB requirement of a minimum of 400 hours spent on clinical placement.</p>	Type of learning time	Number of hours	Expressed as %	Contact time	966	26%	Placement/work-based learning hours	400	11%	Guided learning hours	295	8%	Independent study time	2086	55%	TOTAL*	3747	100%
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23	Programme learning outcomes	<p>On successful completion of this programme, students will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge and understanding of the underpinning science for Sport Rehabilitation and Public Health. 2. Understand key aspects of anatomy and physiology and develop them to a more advanced level. 3. Clinically assess and critically evaluate injured individuals from diverse groups using a breadth of clinical assessment skills. 4. Demonstrate clinical reasoning based on patient assessment outcomes and apply appropriate interventions to different populations using an evidence base. 5. Actively engage in the learning process and develop independence in 																		



		<p>their learning through the programme and after graduation.</p> <ol style="list-style-type: none"> 6. Undertake research activities including ethical considerations, planning, analysis, and practical work and present this in a format acceptable in Sport Rehabilitation settings such as conferences, journals or professional development events. 7. Reflect on, and critically evaluate their own performance within a wider professional, ethical and academic framework identifying the need for continuing professional development in Sport Rehabilitation and Public Health. 8. Devise and implement appropriate exercise intervention strategies for healthy and injured populations considering biological, psychological, and sociological influences. 																																																																						
24	<p>Programme structure and module requirements</p>	<p>Full Time Pathway FHEQ Level 4 Modules</p> <table border="1" data-bbox="448 947 1444 1442"> <thead> <tr> <th>Code</th> <th>Title</th> <th>No. of credits</th> <th>Sem of delivery</th> <th>Module status (core, option)</th> </tr> </thead> <tbody> <tr> <td>SRE4010</td> <td>Research Methods 1</td> <td>20</td> <td>1</td> <td>Core</td> </tr> <tr> <td>SRE4011</td> <td>Clinical Human Anatomy</td> <td>20</td> <td>1 and 2</td> <td>Core</td> </tr> <tr> <td>SRE4031</td> <td>Clinical Assessment of Neuromusculoskeletal Injury</td> <td>20</td> <td>1 and 2</td> <td>Core</td> </tr> <tr> <td>SRE4013</td> <td>Exercise Physiology and Prescription</td> <td>20</td> <td>1</td> <td>Core</td> </tr> <tr> <td>SRE4014</td> <td>Patient Management 1</td> <td>20</td> <td>2</td> <td>Core</td> </tr> <tr> <td>SRE4015</td> <td>Biomechanics 1</td> <td>20</td> <td>2</td> <td>Core</td> </tr> </tbody> </table> <p>FHEQ Level 5 Modules</p> <table border="1" data-bbox="448 1509 1444 1906"> <thead> <tr> <th>Code</th> <th>Title</th> <th>No. of credits</th> <th>Sem of delivery</th> <th>Module status (core, option)</th> </tr> </thead> <tbody> <tr> <td>SRE5016</td> <td>Clinical Placement 1</td> <td>20</td> <td>1 and 2</td> <td>Core</td> </tr> <tr> <td>SRE5017</td> <td>Patient Management 2</td> <td>20</td> <td>1</td> <td>Core</td> </tr> <tr> <td>SRE5012</td> <td>Rehabilitation 1</td> <td>20</td> <td>1</td> <td>Core</td> </tr> <tr> <td>SRE5013</td> <td>Athlete Management 1</td> <td>20</td> <td>1 and 2</td> <td>Core</td> </tr> <tr> <td>SRE5014</td> <td>Research Methods 2</td> <td>20</td> <td>1 and 2</td> <td>Core</td> </tr> <tr> <td>SRE5015</td> <td>Biomechanics 2</td> <td>20</td> <td>2</td> <td>Core</td> </tr> </tbody> </table> <p>FHEQ Level 6 Modules</p>	Code	Title	No. of credits	Sem of delivery	Module status (core, option)	SRE4010	Research Methods 1	20	1	Core	SRE4011	Clinical Human Anatomy	20	1 and 2	Core	SRE4031	Clinical Assessment of Neuromusculoskeletal Injury	20	1 and 2	Core	SRE4013	Exercise Physiology and Prescription	20	1	Core	SRE4014	Patient Management 1	20	2	Core	SRE4015	Biomechanics 1	20	2	Core	Code	Title	No. of credits	Sem of delivery	Module status (core, option)	SRE5016	Clinical Placement 1	20	1 and 2	Core	SRE5017	Patient Management 2	20	1	Core	SRE5012	Rehabilitation 1	20	1	Core	SRE5013	Athlete Management 1	20	1 and 2	Core	SRE5014	Research Methods 2	20	1 and 2	Core	SRE5015	Biomechanics 2	20	2	Core
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SRE6010	Clinical Placement 2	20	1 and 2	Core
SRE6011	Patient Management 3	20	1	Core
SRE6012	Rehabilitation 2	20	1	Core
SRE6013	Athlete Management 2	20	2	Core
SRE6014	Late Stage Rehabilitation	20	2	Core
SRE6015	Research Methods 3	20	1 and 2	Core

All modules on the programme are core due to the PSRB requirements and the criteria that must be met to satisfy those requirements.

Part Time Pathway

FHEQ Level 4 Modules Year 1

Code	Title	No. of credits	Sem of delivery	Module status (core, option)
SRE4010	Research Methods 1	20	1	Core
SRE4011	Clinical Human Anatomy	20	1 and 2	Core
SRE4031	Clinical Assessment of Neuromusculoskeletal Injury	20	1 and 2	Core
SRE4013	Exercise Prescription and Physiology	20	1	Core

FHEQ Level 4 Modules Year 2

Code	Title	No. of credits	Sem of delivery	Module status (core, option)
SRE4014	Patient Management 1	20	2	Core
SRE4015	Biomechanics 1	20	2	Core

FHEQ Level 5 Modules Year 3

Code	Title	No. of credits	Sem of delivery	Module status (core, option)
SRE5017	Patient Management 2	1	20	Core
SRE5013	Athlete Management 1	1 and 2	20	Core
SRE5015	Biomechanics 2	2	20	Core

Please note that students can complete some placement hours during this year but will not be assessed on the module until Year 4 of the programme.

FHEQ Level 5 Modules Year 4



Code	Title	No. of credits	Sem of delivery	Module status (core, option)
SRE5016	Clinical Placement 1	1 and 2	20	Core
SRE5014	Research Methods 2	1 and 2	20	Core
SRE5012	Rehabilitation 1	1	20	Core
FHEQ Level 6 Modules Year 5				
Code	Title	No. of credits	Sem of delivery	Module status (core, option)
SRE6011	Patient Management 3	20	1	Core
SRE6012	Rehabilitation 2	20	1	Core
SRE6013	Athlete Management 2	20	2	Core
Please note that students can complete some placement hours during this year but will not be assessed on the module until Year 6 of the programme.				
FHEQ Level 6 Modules Year 6				
Code	Title	No. of credits	Sem of delivery	Module status (core, option)
SRE6010	Clinical Placement 2	20	1 and 2	Core
SRE6014	Late Stage Rehabilitation	20	2	Core
SRE6015	Research Methods 3	20	1 and 2	Core
All modules on the programme are core due to the PSRB requirements and the criteria that must be met to satisfy those requirements.				
25	Work placements or study abroad	<p>Students are required to complete a minimum of 400 hours of clinical placement by an approved provider. The programme team are able to provide students with the necessary placements both with sports teams and also in clinical settings. Students may arrange their own placements if they wish but they must be approved by the programme team to ensure that they will provide the student with the appropriate type of experience and that they are being supervised by an appropriately qualified clinician.</p> <p>More recently the programme team have been able to offer students the opportunity to gain experience in professional baseball in the USA through an agreement with the Professional Baseball Athletic Trainers Society (PBATS). A further relationship is being developed with Seton Hall University, New Jersey for students to be able to complete placements through their institution. Finally, through the ERASMUS scheme placements in Madrid, Spain have been agreed and will be offered to students to further provide a unique experience for</p>		



		<p>students in a different setting.</p> <p><u>Programme Level Strategy</u></p> <p>All students on the Sport Rehabilitation programme will be provided with the opportunity to complete the mandatory 400 hours of clinical placement through allocated placements. In order to meet this target placement provision is reviewed annually by the Placement Co-ordinator and Clinic Tutor. Firstly this is to ensure that the placements are providing students with a high quality learning experience in order to put into practice the skills being learned on the course. Secondly, the level of provision must meet the number of students requiring placements so this needs to be monitored closely throughout the year.</p> <p>Quality visits are completed annually to all providers to gain feedback from the providers regarding our processes and in order to maintain good communication between both parties. Placement communication is overseen by the Placement Co-ordinator throughout the year including the allocation of students to suitable placements together with any issues that may arise through the year.</p> <p>Should a placement provider express any concerns about a student this is reported to the Placement Co-ordinator and Clinic Tutor. In consultation with the Programme Director the issue is discussed and the appropriate action is taken. This process is outlined in the Placement Handbook provided to all students and placement providers to ensure the process is clear and transparent to all.</p> <p>Any student raising a concern about a placement provider communicates this to the Clinic Tutor who will follow up with a quality assurance assessment. This is an ongoing process and students are asked to give feedback on their placement experiences in order to maintain the level of quality across all placements.</p> <p>Looking ahead the programme team intend to improve the relationships with all placement providers through educator days. This will ensure providers are fully aware of the structure and content of the programme as well as the expectations of the students on placement. Providers can also continue to be involved in the development of the programme.</p> <p>Students wishing to arrange their own placements may do so by completing a quality assurance process where any new placement provider must be approved; this process is completed by the Placement Co-ordinator and Clinic Tutor.</p>
26	Links to industry and employability	<p>The nature of the clinical placements and the relationships that the programme team have established with those placements provides students with direct links to the industry and exposure to those settings. Each placement offers students clinical opportunities reflecting potential employment destinations upon graduation.</p> <p>The links with industry help provide the programme team with feedback about the skills that are required for work and where our students need to develop in attain these skills. Placement providers will be engaged in annual events for students to provide them with opportunities to network and build their</p>



		<p>professional associations within the industry. These events will be organised by the programme team in collaboration with Careers for a bespoke experience for Sport Rehabilitation students. The Careers Service will deliver bespoke content each year into core curriculum modules to enhance knowledge gained in industry and to help them maximise their placement experiences.</p> <p>Guest speakers include those working with the English Institute of Sport (EIS), those who have sustained severe injury who reflect on their experience and what it is like to live with this type of pain and injury; and external visits include the dissection labs at Kings College London to aid in the student's learning of anatomy.</p> <p>Graduates from the Sport Rehabilitation programme have been employed in a range of settings including professional sport, private clinics, the military, neurological rehabilitation centres and several have continued into further study in Sport Psychology, Strength and Conditioning, and Physiotherapy. The programme also engage with the University Careers Service trying to embed this throughout all three years of the programme with bespoke sessions run depending on the level of study.</p> <p>This programme has been set employability levels in line with Vision 2025 targets.</p>
27	Programme awards	<p>This programme conforms to the University Academic Regulations.</p> <p>In order to qualify for the award of BSc (Hons) students must have successfully achieved 360 credits.</p> <p>The following programme specific regulations apply:</p> <p>Students must have passed all 18 modules in order to be awarded the degree with honours.</p> <p>Students must have passed all 18 modules in order to receive the professional accreditation from BASRaT.</p> <p>Students must also meet any requirements set by BASRaT to ensure they are eligible to register with BASRaT after graduation.</p>
PART 3 – TEACHING, LEARNING & ASSESSMENT		
28	Programme teaching and learning strategies	<p>The programme team deliver a range of teaching and learning strategies in order to provide the students with the best possible learning experience. This includes the more traditional types of in-class teaching such as lectures, workshops and seminars. It also includes the provision of a range of online resources including webinars and videos of practical skills to help support the in-class delivery. These can be viewed at a time convenient for the student with some direction from the teaching team. The addition of the “Visible Body” App which has been made available to all students on the programme has been positively received</p>



		<p>by students and has also been integrated into teaching sessions. The team also utilise the Turning Point technology to help check learning in teaching sessions; this has also proved very popular with students based on feedback provided.</p> <p>The Programme Team engages with the Personal Tutoring system put in place by the University. Students are allocated a personal tutor at the start of their first year of studies and this member of staff remains as their tutor throughout the three years. In addition, there is an added layer of support with the use of year tutors who are a point of contact for students at any time.</p>
29	Programme assessment strategy	<p>The BSc (Hons) Sport Rehabilitation programme will use a variety of assessments across the three years of the programme. At the core of this are practical exams that assess safety and competence of clinical skills. In addition, students will complete presentations, written coursework in the form of case studies and an independent research project in their final year. The assessments have been designed so that feedback from earlier assessments assists students with those at Level 5 and 6.</p> <p>Formative feedback will be provided in all modules in the form of online tasks, quizzes, peer and tutor feedback in practical teaching sessions and will be appropriate to the summative assessment for the module.</p> <p>All assessments will meet the 3 week turnaround for marking and feedback in accordance with the University policy.</p> <p>It should be noted that all assessments must be passed at 40% or above; no condonement or compensation can be applied. This is in accordance with the requirements of BASRaT.</p>
PART 4 – UNIVERSITY SUPPORT		
30	Student support and guidance	<p>We have a dedicated Student Centre in the heart of the University. Our aim is to assist, guide and support students throughout their period of study. The Student Wellbeing Service provides personal 1-1 Counselling in addition to group workshops such as mindfulness. The Disability Service includes both physical disabilities and learning support such as Dyslexia. Mental Health Advisors and Mentors together with an on-site Health Centre. Our Student Life and Guidance Team includes; the Accommodation Services, Student Funding, Pastoral Care & Advice & Guidance.</p> <p>The Careers Service provides in curriculum delivery and one to one support for all students and alumni of the university. They also offer CareerConnect, an online platform that allows you to be able to manage your own employability if you are off campus. They run employer engagement events throughout the academic year and an online jobs board especially for St Mary's students and alumni, Jobs on Career. Connect.</p> <p>Each student is allocated a Personal Tutor who can assist with any academic advice and support with any personal issues. Students will be offered one-to-one meetings with their personal tutor throughout the programme. In addition, year</p>



		tutors offer an additional level of support to students for both academic and pastoral issues. All are supported by the Programme Director who can offer a final level of support within the programme team. All of these support mechanisms can help signpost students to the appropriate support services in the Student Centre and can advise on the Extenuating Circumstances procedure and leave of absence requests.
31	Quality management arrangements	<p>This programme aligns with the quality assurance requirements of St Mary's University through the following processes:</p> <ul style="list-style-type: none">• Five yearly cycle of revalidation• Ongoing monitoring through the Programme Review process• Programme Boards• Consideration of marks and graduate profiles at Exam Boards• Engagement with programme student representatives• Engagement with approved external examiners