



St Mary's
University
Twickenham
London



Widening Participation
& Student Engagement

Get Set for Success 2024



Your
programme
booklet with
everything you
need to know



THE AWARDS
2022
SHORTLISTED

WIDENING PARTICIPATION OR
OUTREACH INITIATIVE OF THE YEAR

LONDON
HIGHER

LONDON HIGHER AWARDS 2024: WINNER

Best Widening Participation or Outreach
Initiative of the Year



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Meet the Student Engagement Team!

We are a small but passionate team, dedicated to supporting all students, but especially students from traditionally less represented backgrounds. We run lots of initiatives throughout the year, such as Wobble Week and the Student Engagement Awards. We can be found on campus in B5, or you can email us any time throughout your studies at studentengagement@stmarys.ac.uk. We hope to be friendly faces and sources of support for you during your time at St Mary's.



Nikki Anghileri

Head of Widening Participation



Dr Elizabeth Parker

Student Engagement Manager



Katharina Stegmann

Student Engagement and Retention Projects Officer



Aaron Kashapata

Student Engagement Assistant



Aoife Duggan

Widening Participation Administrator



Widening Participation
& Student Engagement

Introduction

Welcome new students! We're absolutely delighted that you've signed up to Get Set for Success 2024 and we very much look forward to hosting you over the next few days.

In this booklet, you will find all the information you need, including day-by-day timetables and extra information on each of the sessions we are running for you. Have a look through, and if anything is unclear or you would like to ask further questions, you can contact us by email, phone, or in-person (all staff and Student Ambassadors will be clearly identifiable by our t-shirts during the event!), and we will be more than happy to help you.

getsetforsuccess@stmarys.ac.uk
020 8240 8263

There's a lot of information in this booklet, but just to reassure you, all you really need to do is:

- ▶ **Keep the 28th-30th August free!**
- ▶ **Follow the digital timetable you will be sent the week before Get Set for Success, which will include all of the Zoom links you need for the online sessions on Wednesday 28th – remember to use the password **getset24** to get into all sessions**
- ▶ **VERY IMPORTANT: Show up in person to St Mary's University, Twickenham for registration between 10-10.30am on Thursday 29th August. The first session will start at 10.30am.**

What is Get Set for Success?

First established in 2012, Get Set for Success (GSFS) is an annual event held shortly before main induction starts*, designed to settle you in a bit with a 'head start' before everyone arrives and things get very busy.**

The three-day programme features a variety of sessions and activities to provide you with key information to help you transition into St Mary's. It will help you to get to know the University, to find out about all the support we can offer you (you will meet a lot of friendly faces across both the academic and non-academic staff team), and it will also give you a chance to meet and get to know each other a little before term starts.

GSFS is offered to a large variety of students from backgrounds where research suggests that pre-arrival programmes such as this one might prove valuable. These categories include: students with academic backgrounds other than A-levels, students who are first in the family to attend university, care leavers, students with disabilities, and students from neighbourhoods where a small proportion of people go to university.

** While the majority of induction activities will start on 23rd September this year, some dates do vary from programme to programme, so always follow the latest advice from your programme teams.*

*** Invitation to GSFS is not confirmation of your place to study at St Mary's. Selected offer-holders were invited to GSFS earlier this summer. You will need to meet the conditions of your offer (e.g. achieve the required grades) to attend. If you are unsure, please contact the clearing team at www.stmarys.ac.uk, who will be happy to help.*

What are the main aims of Get Set for Success?

- To provide you with **key information** that will be useful to you as a St Mary's student.
- To enhance your overall **confidence** coming to university.
- To make St Mary's more familiar to you, so you know some names and faces before you begin, know your way around campus, and have a **sense of belonging** from the outset.
- To support you in **making friends** early on.

When and where is Get Set for Success?

GSFS will run from
Wednesday 28th-Friday 30th August

Day 1 of Get Set (Wednesday 28th August) will be held entirely online (read on for more details on Zoom below) and days 2-3 (Thursday 29th August and Friday 30th August) will be held entirely in person on our beautiful Twickenham campus. You will stay in one of our University accommodation rooms on the night of Thursday 29th (unless you prefer otherwise, in which case let us know, if you have not done so already, and we can cancel your free room).



What sort of sessions and activities can I expect?

You will find the full programme of events within this booklet but, broadly speaking, the sessions fall into five categories:

1. Academic

Some of the St Mary's lecturers share quick tips and guidance to help you understand and fulfil the expectations of university-level study and support you in your transition to St Mary's.

2. Balancing university life

You will meet and receive practical advice from Wellbeing, Careers, and other members of our current staff and students. They will share their advice and wisdom with you and will be able to signpost you to further support if needed.

You will also have the opportunity to opt-in to 1-2-1 sessions with key services (for example, disability & dyslexia, registry, financial support, study skills lecturers, employability, etc.) should you wish to.

3. Inspirational speakers

We have a range of great speakers for you that previous students at GSFS have found really inspiring. They will be sharing their stories and engaging with you on everything from how to thrive at university no matter your background, to tackling imposter syndrome, and making the most of your university experience.

4. Social

Meet the Students' Union, clubs and societies, and do quizzes, movie nights, etc., as desired!

5. Team time and competition

One of the most popular elements of GSFS is the fact that students are put into small groups and so really get to know each other during Get Set, making the whole university experience less daunting overall. These sessions will be called 'Team Huddles' in your timetable and these groups will be led by friendly current students called Student Ambassadors, who will look after you throughout your time with us. In your teams, which will each be named after colours, you will also be led in a small competition, working with your Student Ambassadors. The winning team will be announced on Friday and each member will win a coveted prize!

How does it work?

For the online day, Wednesday 28th, you will need to have your Digital Timetable to hand, which will be sent to you a few days before Get Set, and will include the Zoom links to all the different sessions. You should just be able to click the hyperlinked sessions, enter the password **getset24**, and be in!

For your face-to-face sessions, most activities will take place in the Waldegrave Drawing Room, and your Student Ambassadors will be able to take you to any other rooms and spaces on campus as required.



How do I use Zoom?

If you do not already have Zoom, it is essential that you download it before GSFS. Zoom is entirely free and safe to use and can be downloaded here: <http://zoom.us>.

Once downloaded, you will be able to use the Zoom links, but you will need a working camera and microphone (integrated in most devices such as laptops, tablets, phones, etc.).

Just remember that the **password** for all GSFS links is **getset24**.

If you have not received the timetable with the Zoom links before Friday 23rd August, please email getsetforsuccess@stmarys.ac.uk or call 020 8240 8263.

How will I know where to go for the parallel sessions?

You will notice there are a couple of parallel sessions at Get Set this year. These are:

- **Team time/Team Huddles**

For these sessions you will be assigned to a team. Teams are themed by colour (e.g. Team Blue, Team Green, Team Pink, etc.) You will be informed by email which team you are in – and the digital timetable you receive by email will list the clickable team links (for example, if you are told you are Team Green, you would look for where it says 'Team Green' at the bottom of the digital timetable and click there). There will only be one team link per team, which you can re-use for team huddles throughout Wednesday. They are not needed for Thursday or Friday as you will meet face-to-face on these days.

- **Campus life/commuter life**

You will notice that on the first day there is an option to either attend the session on Living on Campus or the session on Commuting to Campus/Living at Home. Additionally, on the Friday in the 'Meet Your Neighbours' session, you will be divided according to whether you will be staying in halls or commuting into campus. Depending on whether you will be



living in halls or not, you can choose which sessions to attend, so you attend the one most useful to you.

- **Drop-in 1-2-1s**

You will see that on Days 1 (Wed) and 3 (Fri) there are several parallel drop-in sessions. These are entirely optional, so you can choose what is most useful/interesting to you. On Day 1, you can choose to attend online drop-ins with the Learning Development Lecturers, the Library, Student Services, Registry, the Chaplaincy, or to attend an online virtual café for mature

(21+) students. We are also running a virtual café for any parents or carers of Get Set students, who wish to join for this. On Day 3, you can choose to attend face-to-face drop-in sessions with Student Services, Careers, the Library, or Registry. You can drop in at any point during these sessions. You can also choose to join our opt-in campus tour on the Friday, running at 3.30pm.

- **Movie night/board games/art class/Reprezent Health**

On the Thursday evening, following the Get Set Barbeque, we will be running a movie night, we'll have some board games set up, we'll have an art class in the castle, and we'll have some fun activities going on at Sport St Mary's. You are welcome to attend whichever appeals or, indeed, do your own thing!

Do I have to attend absolutely everything?

No. While the programme is designed to be attended in full and we ask that you come to as much as you can so that you get the most out of Get Set, we appreciate that life is busy and there might be one or two sessions you need to miss. We just ask that you let us know by either dropping an email to getsetforsuccess@stmarys.ac.uk or letting one of the Student Ambassadors know which sessions you have to miss.

We also appreciate that a lot of hours on Zoom on the Wednesday can be tiring! We encourage you to attend as much as you comfortably can and to prioritise the Q&A sessions as well as your Team Huddle sessions, so you meet your team all together.

Remember, the drop-ins on Wednesday and Friday and the evening activities on the Thursday are entirely opt-in as well. 😊

What if I have any questions?

You can contact us by email, phone, or face-to-face at the event. We're a very friendly team and we want you to have as comfortable and enjoyable a time as possible. If you have any additional needs or concerns at all, don't hesitate to get in touch.

A note on expectations

We expect all students to behave sensibly and respectfully throughout Get Set for Success. This includes being thoughtful about noise in the evening, so as not to disturb our neighbours.

A note on photography and filming

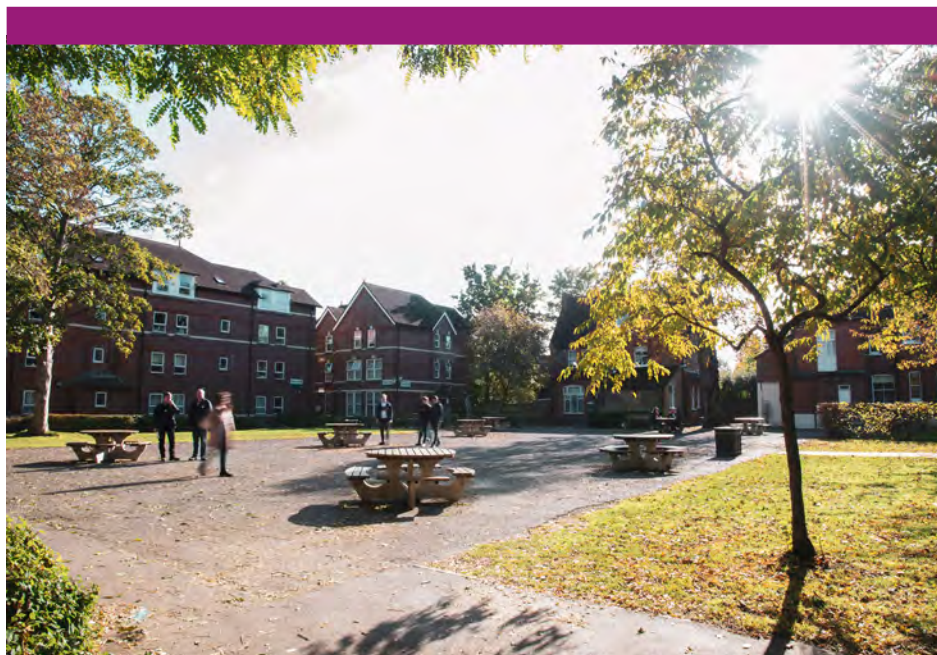
Some photography and filming will take place throughout Get Set for Success by our marketing team for purposes such as future recruitment. If you feel strongly that you would like to be edited out of any photos or footage, please request a **red lanyard** at registration.





The timetable: day by day

Please note: timings vary slightly from day to day, so you need to check your timetable carefully each morning. If you are uncertain, do ask your Student Ambassadors or email getsetforsuccess@stmarys.ac.uk.



Key

General information and Guest Speakers – star guests sharing their inspirational stories

Academic – quick tips from academics for a flying start on your course

Balancing Uni Life – information on wellbeing, careers, and real-life experiences from current staff and students

Social – meet the Students' Union, Clubs & Societies, and take part in quizzes and games

Team Time – get to know your team and Student Ambassadors

Wednesday 28th August

Remember: this day is entirely online so you need to use the clickable links in your Digital Programme you will have been sent. (If you do not have this, please email us at getsetforsuccess@stmarys.ac.uk or call us on 020 8240 8263.)

Time	WEDNESDAY 28TH AUGUST	Format
10am	Welcome & Introductions	Zoom
10.15am	Inspirational session 1: Making the Most of Get Set for Success	Zoom
10.30am	Tea break	N/A
10.40am	Team Huddle: Meet Your Team	Zoom
11am	University Level Study: Expectations & Preparations	Zoom
11.30am	Say Hello to the Library!	Zoom
11.45am	Parallel sessions (self-select): 1. Living on Campus: Q & A with Senior Residents	Zoom
	2. What if I Don't Live on Campus? Q&A with Commuter Students	Zoom
12.15-1.15pm	LUNCH BREAK	N/A
1.15pm	Meet Your Students' Union – Presidents' Q&A	Zoom
1.35pm	Meet Sport St Mary's – Q&A with teh Team	Zoom
1.45pm	Get to Know Student Services: Q&A with the Team	Zoom
2.15pm	I wish I'd known this in my first year...: Top Tips & Q&A with current students	Zoom
2.45pm	Team Huddle: Virtual Café	Zoom
3-3.30pm	Chaplaincy Virtual Café	Zoom
3.30-4pm	Mature Students' Virtual Café	Zoom
3.30-4.30pm	Drop-ins with Learning Development Lecturers	Zoom
3.30-4.30pm	Drop-ins with the Library	Zoom
3.30-4.30pm	Drop-ins with Registry	Zoom
3.30-4.30pm	Drop-ins with Student Services	Zoom
6-6.30pm	Parents' and Carers' Virtual Café	Zoom

Thursday 29th August

Please note this day will be entirely face-to-face, held at our beautiful Twickenham campus. Registration takes place at Main Reception. We will have Student Ambassadors stationed at different entrances to the University and at Strawberry Hill station (the nearest train station) to guide you but, if in doubt, either ask Main Reception or call us on 020 8240 8263.

Time	THURSDAY 29th AUGUST	Venue
10am	Registration and Arrivals	Main Reception
10.30am	Welcome & Key Information	Waldegrave Drawing Room
10.45am	Inspirational session 2: What They Don't Tell You About University...	Waldegrave Drawing Room
11.15am	Tea break	N/A
11.30am	Team Huddle: Icebreakers, Fire Safety, and Finding Your Rooms!	Priest's Lawn and Tennis Hall
1pm	LUNCH	Refectory
2pm	Employability & Part-Time Work Opportunities	Waldegrave Drawing Room
2.45pm	Wellbeing Activities Carousel	Castle Woods and Sport St Mary's
4pm	Tea break	N/A
4.15pm	Get Involved with your SU! Clubs, Societies, Volunteering and more	Waldegrave Drawing Room
5pm	BBQ and music	DV Lounge and Running Track
6.15pm	Movie Night	DV Lounge
6.15pm	Board Games	DV Lounge
6.15pm	Animals R Us: Art Class at Strawberry Hill House	Strawberry Hill House/Castle
6.15pm	Reprezent Health: Sporty, Inclusive Fun in our gym!	PEC gym Sport St Mary's)

Notes

Friday 30th August

Please note this day will be entirely face-to-face, held at our beautiful Twickenham campus. After you have had breakfast in the Refectory, please come to the Waldegrave Drawing Room for approximately 10am to return your keys and meet with your Team Huddle before the next sessions and activities begin. Ensure you bring all baggage and belongings to the Waldegrave following breakfast.

Time	FRIDAY 30th AUGUST	Venue
9am	Optional: Care Leaver, Care Experienced, and Estranged Students' Drop-In	Student Services (second floor J block)
9am	Breakfast – led by overnight SAs	Refectory
10am	Team Huddle and Key Return	Waldegrave Drawing Room
10.30am	Inspirational Session 3: Battling Imposter Syndrome and Getting Excited About Your Journey	Waldegrave Drawing Room
11am	Navigating your Academic Degree	Waldegrave Drawing Room
11.45pm	Tea break	N/A
12pm	Meet Your New Neighbours: Icebreakers and Competition Time	Start in Waldegrave - Priest's Lawn and around Campus
1pm	Lunch	Refectory
2pm	Meet Your Programme Team: Tea & Treats!	Waldegrave Drawing Room
2.30pm	Closing Quiz and Prizes!	Waldegrave Drawing Room
3.30-4.30pm	Opt-in Campus Tour	Start in Waldegrave
3.30-4.30pm	Drop-ins with the Library	Library: Group Study Room 2
3.30-4.30pm	Drop-ins with Student Services	Student Services (second floor J block)
3.30-4.30pm	Drop-ins with Registry	Registry (1st floor J block)
3.30-4.30pm	Drop-ins 1-2-1s with Employability	H7A (Library)

The timetable: Get Set at

Wednesday 28th-Friday 30th August

Time	WEDNESDAY 28TH AUGUST	Format	Time	THURSDAY 29TH AUGUST
10am	Welcome & Introductions	Zoom	10am	Registration and Arrivals
10.15am	Inspirational session 1: Making the Most of Get Set for Success	Zoom	10.30am	Welcome & Key Information
10.30am	Tea break	N/A	10.45am	Inspirational session 2: What They Don't Tell You About University...
10.40am	Team Huddle: Meet Your Team	Zoom	11.15am	Tea break
11am	University Level Study: Expectations & Preparations	Zoom	11.30am	Team Huddle: Icebreakers, Fire Safety, and Finding Your Rooms!
11.30am	Say Hello to the Library	Zoom	1pm	LUNCH
11.45am	Parallel sessions (self-select): 1. Living on Campus: Q & A with Senior Residents 2. What if I Don't Live on Campus? Q&A with Commuter Students	Zoom Zoom	2pm	Employability and Part-Time Work Opportunities
12.15-1.15pm	LUNCH BREAK	N/A	2.45pm	Wellbeing Activities Carousel
1.15pm	Meet Your Students' Union – Presidents' Q&A	Zoom	4pm	Tea break
1.45pm	Get to Know Student Services: Q&A with the Team	Zoom	4.15pm	Get Involved with your SU! Clubs, Societies, Volunteering and more
2.15pm	I wish I'd known this in my first year...: Top Tips & Q&A with current students	Zoom	5pm	BBQ and music
2.45pm	Team Huddle: Virtual Café	Zoom	6.15pm	Movie Night
3-3.30pm	Chaplaincy Virtual Café	Zoom	6.15pm	Board Games
3.30-4pm	Mature Students' Virtual Café	Zoom	6.15pm	Animals R Us: Art Class at Strawberry Hill House
3.30-4.30pm	Drop-ins with Learning Development Lecturers	Zoom	6.15pm	Reprezent Health: Sporty, Inclusive Fun in our gym
3.30-4.30pm	Drop-ins with the Library			
3.30-4.30pm	Drop-ins with Registry	Zoom		
3.30-4.30pm	Drop-ins with Student Services	Zoom		
6-6.30pm	Parents' and Carers' Virtual Café	Zoom		

a glance

For Wednesday's online sessions, use the clickable links in your Digital Programme you will have been sent. If you cannot find this, please email us at getsetforsuccess@stmarys.ac.uk or call us on 020 8240 8263.

Venue	Time	FRIDAY 30th AUGUST	Venue
Main Reception	9am	Optional: Care Leaver, Care Experienced, and Estranged Students' Drop-In	Student Services (second floor J block)
Waldegrave Drawing Room	9am	Breakfast – led by overnight SAs	Refectory
Waldegrave Drawing Room	10am	Team Huddle and Key Return	Waldegrave Drawing Room
N/A	10.30am	Inspirational Session 3: Battling Imposter Syndrome and Getting Excited About Your Journey	Waldegrave Drawing Room
Priest's Lawn and Tennis Hall	11am	Navigating your Academic Degree	Waldegrave Drawing Room
Refectory	11.45am	Tea break	N/A
Waldegrave Drawing Room	12pm	Meet Your New Neighbours: Icebreakers and Competition Time	Start in Waldegrave – Priest's Lawn and around Campus
Castle Woods and Tennis Hall	1pm	Lunch	Refectory
N/A	2pm	Meet Your Programme Team: Tea & Treats!	Waldegrave Drawing Room
Waldegrave Drawing Room	2.30pm	Closing Quiz and Prizes!	Waldegrave Drawing Room
DV Lounge and Running Track	3.30-4.30pm	Opt-in Campus Tour	Start in Waldegrave
DV Lounge	3.30-4.30pm	Drop-ins with the Library	Library
DV Lounge	3.30-4.30pm	Drop-ins with Student Services	Student Services (second floor J block)
Strawberry Hill House/Castle	3.30-4.30pm	Drop-ins with Registry	Registry (1st floor J block)
PEC Gym (Sport St Mary's)	3.30-4.30pm	Drop-ins 1-2-1s with Employability	H7A (Library)

Our inspirational speakers



WEDNESDAY

Stories from our Students... Getting the Most Out of Get Set for Success

Aaron Kashapata and fellow Student Ambassadors

Kicking us off is a session from St Mary's students who have attended or worked for Get Set for Success themselves over the years (or both), and have been sitting where you are now!

Aaron, a student who works in our team, is joined by fellow students, Ben, Lauren and Jayne, to tell us about what Get Set has meant to them, and how to make sure you get the very best out of it.

Aaron is a recent graduate from the Film & Screen Media programme and a Student Ambassador, who now works as a Student Engagement Assistant at St Mary's.



THURSDAY

What They Don't Tell You About University
Dr Michael Hobson

One of our great lecturers, Dr Michael Hobson, tells you a little bit about what he's learned studying and teaching at university over the years – and some of the things 'they don't tell you'!

He's also running our Represent Health, inclusive gym session, so will be able to tell you a bit more about that too.



FRIDAY

Battling Impostor Syndrome and Getting Excited About Your Journey
Mandip Birk

In this session we are going to learn how to embrace impostor feelings and develop strategies for using them as a positive tool to succeed.

Mandip will also reflect on her journey of going to university through clearing and being the first in her family to go. She will talk about challenges faced and how societies, as well as celebrating her heritage, helped her.

Mandip Birk is the Senior Outreach and Widening Participation Officer at St Mary's University.

More info on the sessions



Team Huddles (throughout Get Set)

These sessions will be led by our friendly Student Ambassadors. Get to know your team, meet other new students and make friends. You will meet in your teams every day of Get Set to chat, share free food and snacks, and play games. There will also be several opportunities to win vouchers and prizes!

Drop-ins and 1-2-1s (throughout Get Set)

Should there be anything you would like to hear more information on/ talk about in a more confidential environment, you may choose to opt in to any of the 1-2-1 sessions in the afternoons. Keep an eye on the timetable for which drop-ins are running on which days.

University Level Study: Expectations and Preparations (Wednesday)

Led by the dedicated Learning Development Lecturers, who are here to support you with your academic work throughout your time at St Mary's, this session will help to get you ready for your studies in terms of reasonable expectations and how best to prepare.

Life On Campus: Q&A with Senior Residents (Wednesday)

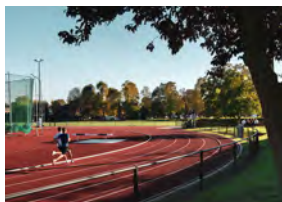
A chance for you to hear about living on campus and to ask our Senior Residents (students who live on campus and support fellow students) any questions you may have.

What If I Don't Live On Campus? Q&A with Commuter Students (Wednesday)

A chance for you to hear from various students who live in their family homes or rent privately and commute to campus. They will share their top tips on getting the full university experience and answer any questions you may have.

Meet Your Students' Union: Presidents' Q&A (Wednesday)

Play games, get to know your Students' Union, and find out about all the exciting plans they have for this year as well as how each of the student Presidents are there to help you during your time at St Mary's.



Get To Know Student Services Q&A (Wednesday)

Student Services includes funding advice, disability and dyslexia advice, accommodation options and support with your wellbeing. Please come to the Q&A to find out more and ask any questions you may have.

I Wish I'd Known this in my First Year... Tips and Q&A with Current Students

Our current students are here to answer your questions – and tell you the things they wish they'd known, when they were new like you!

Mature Students' Virtual Café (Wednesday)

This session is for new mature students (21+) starting at St Mary's. Led by one of our lovely mature students, Ben, he will tell you about what it's like being a mature student and have a chat with any mature students who want to join over a virtual cuppa. Bring along your beverage and snack of choice. This is a great chance for mature students to meet each other and connect.

Chaplaincy Virtual Café (Wednesday)

Have a virtual cuppa with one of the lovely members of the Chaplaincy team.

Parents' and Carers' Virtual Café (Wednesday)

If you have parents or carers who would like to come along to a virtual café where they can meet some of the team, hear more about SMU, meet each other, and ask any questions they might have, all are welcome.

Employability and Part-Time Work Opportunities (Thursday)

Meet the dedicated Employability Team, who will help you to think about your employability, right from the beginning of your university experience, and how to get the most out of your three years and get the career you want when you finish. In this workshop you will also meet the right people to help you find part-time work, such as working as a Student Ambassador, using the CareerConnect jobsite and work placements.

Wellbeing Sessions Carousel (Thursday)

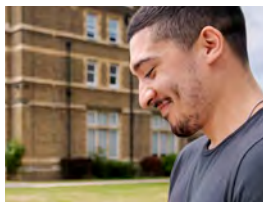
Here, you will do a wellbeing session exploring the woods by Strawberry Hill House and also get to play some games and see what's on offer at Sport St Mary's too.

Get Involved with your Students' Union: Clubs, Societies, Volunteering and more (Thursday)

Meet your friendly SU team and find out about joining clubs and societies and signing up for different great opportunities during your time here.

BBQ, Movie Night, Art Class, Reperzent Health, and Board Games (Thursday evening)

We're hosting a free barbeque for you guys and our Student Ambassadors to welcome you. Enjoy the delicious free food and music from your Students' Union. Then you can head to a movie night, art class, play some board games or even head to Reperzent Health to explore our on-campus gym for an inclusive session, supported by both coaches and members of the Student Services team – whatever takes your fancy.



Care Leaver, Care Experienced, and Estranged Students' Drop-In (Friday)

This is a drop-in with the designated contacts for all care leavers, care experienced, and estranged students to ask any questions you have and to meet the dedicated and award-winning team.

Navigate Your Academic Degree (Friday)

Start your academic degree with confidence! This session, led by the brilliant lecturer, Dr Jade Salim, will help you to navigate those key areas of your degree that can be confusing at first, such as Moodle. In addition, it will cover the key glossary terms that you will hear throughout your degree (the words that might not make sense at first!).

After the session, you will be able to locate your online course materials, lecture slides, videos of your lectures, assessment briefs, academic skills, and online books and journals. You will be able to share your knowledge with your new class peers, and have the confidence to focus on the lecture from the very start.

Meet Your Neighbours: Icebreakers & Competition Time (Friday)

In this carousel session, you will spend half the time doing icebreakers where you'll be divided up so you're either with fellow students living in halls, or with fellow students who will be commuting in like you to meet each other and play some icebreakers. In the other half of the session, you will be able to finish up any final competition tasks in your teams.

Meet Your Programme Teams (Friday)

Here you will have the opportunity to meet with lecturers from your course with tea and treats! This is a chance to chat informally, get to know your teachers, and ask any questions you might have.

Closing Quiz and Prizes (Friday)

Our closing quiz, hosted by our Head of Widening Participation, Nikki Anghileri, will be a chance for us to celebrate **you** and will be an opportunity for you to win lots of prizes!

Opt-in Campus Tour (Friday)

You should have seen a good bit of campus during your time here, but we'll be running an official tour, for anyone keen to know more.

Important note:

If you are unable to join in with any of the sessions for whatever reason, please let your Student Ambassador or a member of staff know. We have worked hard to ensure there are inclusive options throughout and will always do our best to accommodate everyone.

The wellbeing session in the castle woods may not be accessible to all students (e.g. chair users), but you will have been sent a survey where you can express your interest in an alternative session indoors instead which we will arrange for you in advance.

Useful contacts



Get Set for Success Team / Student Engagement Team

getsetforsuccess@stmarys.ac.uk / studentengagement@stmarys.ac.uk

020 8240 8263

We work on various projects and initiatives throughout the year, including Get Set for Success, Wobble Week (October/November), the Student Engagement Awards (Spring), various mentoring initiatives, the Student Engagement Fund, the Student Engagement Travel Fund, and the Digital Equality Fund. We're always happy to hear from you, to make you a cuppa and have a chat, and then either support you ourselves or point you in the right direction where we can.

Specific contacts for Student Services, Security, and Report & Support

Service	Information	Contact Details
Accommodation Service	Continues to provide a range of advice and guidance on all accommodation matters including: Halls of Residence, Flats, and Lodgings.	accommodation@stmarys.ac.uk
Counselling Service	Provides face to face, telephone or online zoom sessions to students.	counselling@stmarys.ac.uk
Togetherall	St Mary's students have free access to an online service called togetherall, where you can create an account with using your SMU email address. Togetherall is an online peer support information hub which is open 24/7 and offers an array of self-guided courses and numerous resources, information and guidance.	www.togetherall.com/en-gb counselling@stmarys.ac.uk
Disability & Dyslexia and Mental Health Advice	If you are already receiving support from the team or would like to speak to a Disability Advisor or Mental Health Advisor for guidance on a learning difference, physical disability, chronic health condition or mental health condition you can contact the team directly.	wellbeing@stmarys.ac.uk
Security	If you are on campus and are experiencing or witnessing any crisis, including a mental health crisis (when you think either yourself or another person are in danger of harm) you can call Security or speak to Student Services in working hours if you have concerns. If you are off campus you can call the emergency services.	Campus security: 020 8240 4335 Emergency services: 999
Funding Service	The Funding Service team provides guidance on all student finance matters. The service also operates a Hardship Fund.	Studentfundingservice@stmarys.ac.uk
Student Life Service	Sometimes it just good to talk and chat through something that's troubling you. If you need some support but you are not sure where to start then contact our Student Life Manager who is always ready to listen, support and point you in the right direction to make sure you find the right support for you.	studentlife@stmarys.ac.uk
Report & Support	If you have experienced, seen, or been told about an incidence of bullying, harassment, sexual misconduct, a hate crime, or anything similar, we recognise that this may be difficult for you. Our Report & Support tool tells you your options for reporting to the university and connects you to your support options, internally and externally.	studentlife@stmarys.ac.uk and www.stmarys.ac.uk/report/students/report-and-support.aspx

Engaging with us online



Follow us on Instagram
at [gsfs_2024](#)





Write to us

St Mary's University
Waldegrave Road
Twickenham
London TW1 4SX



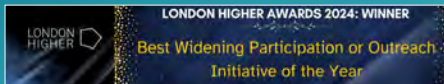
Call us

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Find us online

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Get Set for Success winning the Outstanding Widening Participation Initiative at the London Higher Awards, 2024. From left to right: former Get Set students Will Tyrrell and Anika Sharma and Student Engagement team, Dr Elizabeth Parker and Katharina Stegmann.

Keep in touch We are always reachable at studentengagement@stmarys.ac.uk, but also look out for us at Welcome Fest, Wobble Week, and various other events throughout the year. **Follow us on Instagram for reminders!**

