

Applied Sports Nutrition – PGCert/PGDip/MSc

Dates for September 2026 entry

Please note: you will take either SNU7025 or SNU7032 depending on your academic background. Those with a nutrition or dietetics undergraduate degree will study SNU7032. Those with sport science based undergraduate degrees will study SNU7025. If you are unsure please contact the course lead James Fleming at james.fleming@stmarys.ac.uk

Full-time pathway

Module Code	Module Name	Dates
SNU7025	Principles of Human Nutrition	25 th – 27 th September 2026
SNU7032	Exercise Physiology & Metabolism of Exercise	25 th – 27 th September 2026
SNU7033	Sports Nutrition	13 th – 15 th November 2026
SNU7031	Research Methods and statistics	11 th – 15 th January 2027 <i>(Intensive Week)</i>
SNU7034	Applied Sports Nutrition	26 th – 28 th February 2027
SNU7036	Advanced Sports Nutrition – Specialist Populations	23 rd – 25 th April 2027
SNU7026	Anthropometry and Body Composition Management	7 th – 10 th June 2027 <i>(Intensive Week)</i>
SNU7010*	Directed Study	From Mid Jan 2027
SNU7023^	Research Project	From Mid Jan 2027

* PGDip only: Note. PGDip will not study SNU7031 nor SNU7023.

^ The project VIVA Day and hand in will take place on the second Monday of October

Part-time pathway

Please note: orange modules are taken in the second year. Students are advised to liaise with the course lead to discuss the best pathway to meet their needs. Part-time students must re-register for modules prior to commencement of year 2.

Module Code	Module Name	Dates
SNU7025	Principles of Human Nutrition	25 th – 27 th September 2026
SNU7032	Exercise Physiology & Metabolism of Exercise	25 th – 27 th September 2026
SNU7033	Sports Nutrition	13 th – 15 th November 2026
SNU7031	Research Methods and statistics	10 th – 13 th January 2028 <i>(Intensive Week)</i>
SNU7034	Applied Sports Nutrition	26 th – 28 th February 2027
SNU7036	Advanced Sports Nutrition – Specialist Populations	21 st – 23 rd April 2028
SNU7026	Anthropometry and Body Composition Management	7 th – 10 th June 2027 <i>(Intensive Week)</i>
SNU7010*	Directed Study	From Mid Jan 2028
SNU7023	Research Project	From Mid Jan 2028

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