



ISLAMOPHOBIA AWARENESS MONTH

WEDNESDAY MICROLEARNING 10 MINUTES TO EXPAND YOUR KNOWLEDGE

*Disclaimer:
topics of
Islamophobia and
terrorism.
Wellbeing
support provided
[here](#)*

Islamophobia Awareness Month is an annual celebration in November where we learn about the positive contributions of Muslims as well as raise awareness of Islamophobia in society.

We hope to take this knowledge and use it in our everyday lives beyond this month, as recognising and celebrating our Muslim community is something we must do throughout the year.

ARTICLES



- [Islamophobia in Europe](#) (3-minute read)
- [What is Islamophobia- A Georgetown University Initiative](#) (3-minute read)

VIDEOS



- [What is Islamophobia \(3-minute video\)](#) **Top Pick of The Week**
- [Do the media use Islamophobic language when portraying British Muslims? \(2-minute video\)](#)

Actions for the week

1. Sign up to become an [Islamophobia Awareness Supporter](#)
2. Stand up against anti-Muslim comments. Change the situation, comfort the victim, comfortably address the issue.
3. Become understanding of Muslim colleagues who may have an alternative work schedule (5x daily prayers, low energy from Ramadan)

Join our [EDI Interfaith Network](#). Please email [Katharina Stegmann](mailto:Katharina.Stegmann@stmarys.ac.uk) and [Mandip Birk](mailto:Mandip.Birk@stmarys.ac.uk) on Interfaithnetwork@stmarys.ac.uk

Thank you joining us in this week's Microlearning!

LONGER ACTIVITIES TO FURTHER EXPAND YOUR KNOWLEDGE



- [Dangers of Islamophobia | Marc Scarcelli | TEDxCPP \(20-minute video\)](#)
- [What it's like to be a Muslim in America | Dalia Mogahed \(16-minute video\)](#)