



MICROLEARNING - 10 MINUTES TO EXPAND YOUR KNOWLEDGE

BISEXUALITY AWARENESS

*Disclaimer- topics of bisexuality discrimination. Wellbeing support provided [here](#) *

“I call myself bisexual because I acknowledge that I have in myself the potential to be attracted – romantically and/or sexually – to people of more than one gender, not necessarily at the same time, not necessarily in the same way, and not necessarily to the same degree.”

-Robyn Ochs, bisexual activist, professional speaker, and workshop leader

Bisexual Awareness Week is an annual celebration that takes place in the late September (16th- 23rd). As part of our weekly Microlearning, we will be taking part in this celebratory occasion by learning about the bisexual community and their lived experiences. By expanding our knowledge of the issues and challenges our bisexual colleagues and students face, we hope that we can create a more inclusive environment.

ARTICLES



- [Bisexual Erasure: What Is It, Why It's a Threat to Health, and How to Put an End to It](#) (5-minute Read)
Top pick of the week
- [Bisexuality and Health: The Cost of Invisibility](#) (2-minute Read)
- [Understanding Bisexuality](#) (6-minute Read)

VIDEOS



- [VisBility](#) (3-minute Video)
- [Saying good-bi to misconceptions: Taking a look at the misconceptions surrounding bisexuality](#) (8-minute Video)

St Mary's celebrates the rich diversity our community has to offer, encouraging everyone to celebrate their identity and to respect those of others. To make this possible, we must embrace our curiosity to learn about and celebrate our differences.

St Mary's LGBTQ+ Staff Network and SMSU are committed to increasing the visibility and awareness of the LGBTQ+ community. If you'd like to get involved with our Staff LGBTQ+ Network (allies welcome!) please email lgbtq@stmarys.ac.uk. Learn more about the SMSU Pride Society by visiting their webpage or following the SMSU on Twitter: [smu_lgbtq](#).

Thank you for joining us in this week's Microlearning!

LONGER ACTIVITIES TO FURTHER EXPAND YOUR KNOWLEDGE



- [Historicising Contemporary Bisexuality Article via Journal of Bisexuality](#) (12-minute Read)
- [Bisexuality: the invisible "B" Misty Gedlinske TEDxOshkosh](#) (18-minute Video)