



MICROLEARNING - 10 MINUTES TO EXPAND YOUR KNOWLEDGE

GENDER AWARENESS

Wellbeing
support provided
[here](#)

In light of Transgender Awareness Week 2022, Trans Day of Remembrance (20th November 2022) and St Mary's new Gender Awareness Training (more information below), this week's microlearning is focused on improving our understanding of different genders and how we can become a better ally for all identities.

ARTICLES



- [LGBTQ+ Pride Flags and What They Stand For](#) (4-minute read)
- [Let's Talk About They/Them Pronouns](#) (3-minute read)

VIDEOS



- [5 Non-Binary People Explain What "Non-Binary" Means To Them](#) (7-minute video) *Top Pick of the Week*
- [Trans 101 - The Basics](#) (8-minute video)

What can you do? Actions for the week:

1. Begin a conversation by introducing yourself with your pronouns.
2. Make an effort to remember people's pronouns and if you make a mistake in saying the wrong one: apologise, correct yourself, carry on with the conversation.
3. Attend one of our Gender Awareness Training Sessions to learn more: 12th January 10am-12pm for managers and 24th January from 1pm-3pm for any member of staff. Email equalitycharters@stmarys.ac.uk to join a session or learn more.
4. Familiarise yourself with our [Transgender & Non-binary Equality Policy](#) and [Transition Support Checklist for Staff](#).

Learn more about St Mary's inclusion efforts and become an active ally by joining our EDI LGBTQ+ Staff Network. If you would like to join or just find out more about the network, please email lgbtq@stmarys.ac.uk.

Thank you joining us in this week's
Microlearning!

LONGER ACTIVITIES TO FURTHER EXPAND YOUR KNOWLEDGE



- [Why Gender Pronouns Matter | Mala Matacin | TEDxHartford](#) (16-minute video)
- [Toilets, bowties, gender and me | Audrey Mason-Hyde | TEDxAdelaide](#) (10-minute video)
- [Transgender in the Workplace](#) (10-minute video)