



# MICROLEARNING - 10 MINUTES TO EXPAND YOUR KNOWLEDGE

## CELEBRATING THE MUSLIM COMMUNITY

\*Disclaimer: topics of racism and assault. Wellbeing support provided [here](#)\*

Islamophobia Awareness Month is an annual celebration in **November** where we learn about the positive contributions of Muslims as well as raise awareness of Islamophobia in society.

We hope you can use this knowledge in your everyday lives beyond this month, as recognising and celebrating our Muslim community is something we must do throughout the year.

### ARTICLES



- [10 Muslim Athletes That Brought About Change](#) (7-minute read)
- [How Islamic Scholarship Birthed Modern Astronomy](#) (4-minute read)

### VIDEOS



- [How Muslims contributed to Chemistry?](#) (4-minute video) *\*Top Pick of The Week\**
- [How Islamic Architecture Shaped Europe](#) | [Diana Darke](#) (7-minute video)

#### Actions for the week

1. Sign up to become an [Islamophobia Awareness Supporter](#)
2. Stand up against anti-Muslim comments. Change the conversation, comfort the victim, comfortably address the issue.
3. Become understanding of Muslim colleagues who may have an alternative work schedule (5x daily prayers, low energy from Ramadan)

Join our [EDI Interfaith Network](#). Please email [Katharina Stegmann](mailto:Katharina.Stegmann@stmarys.ac.uk) and [Mandip Birk](mailto:Mandip.Birk@stmarys.ac.uk) on [Interfaithnetwork@stmarys.ac.uk](mailto:Interfaithnetwork@stmarys.ac.uk)

Thank you joining us in this week's Microlearning!

### LONGER ACTIVITIES TO FURTHER EXPAND YOUR KNOWLEDGE



- [Rise of Glass Industry in Golden Age of Muslim Civilisation](#) (15-minute read [mostly photos of historical glasswork])
- [12 Female Muslim Scientists Paving the Way to A Better Future](#) (7-minute read)
- [What You Didn't Know About Islamic Art](#) (8-minute video)