ST MARY’S UNIVERSITY

TWICKENHAM, LONDON

BA/BSc Degree Examination students registered for

Level **SIX**

Title: **Public Health Nutrition**

Code: **NUT6033**

Semester: **ONE**

Date: **January 10th 2019**

Time: **1:30 – 3:30PM**

TIME ALLOWED: **TWO** HOURS

This paper has **FIVE** questions**. Each question is worth 50 marks.**

You will not be allowed to bring in any notes for the exam and a further copy of the exam paper will be given to at the exam room.

**Use a separate answer booklet for each question.**

Answer **TWO** questions

1. Using current and relevant literature, propose an argument for the combination of nutrition and physical activity for public health initiatives. Critically examine and offer solutions for potential challenges.
2. Taxation has been proposed as an effective fiscal measure of reducing intake of sugar-sweetened beverages. Critically evaluate this statement providing evidence to support your answer.
3. Critically evaluate the effectiveness of empowerment approach to public health promotion.
4. Provide an in-depth examination of public health surveillance and highlight the challenges and potential solutions using current and relevant literature to support your answer.
5. Provide a critical discussion on why food insecurity is a growing problem in the UK and the factors that might impact on food security in coming years.

**END OF EXAMINATION**