ST MARY’S UNIVERSITY

TWICKENHAM, LONDON

BA/BSc Degree Examination students registered for

Level **SIX**

Title: **Skill Acquisition 2**

Code: **SCS6022**

Semester: **Re-Sit**

Date: **02 July 2019**

Time: **09:30-11:15am**

TIME ALLOWED: **ONE HOUR AND 45** MINUTES

Answer **TWO** questions.

**Question 1**

Given your expertise in the field of skill acquisition you have been approached by a Local Sports Authority. They have asked you to produce a series of evidence based recommendations regarding how coaches can use attentional focus to optimise athletes' skill acquisition.

With this scenario in mind, produce an essay based answer that critically evaluates the use of attentional focus to enhance skill acquisition. You should consider both appropriate research and theory in this critical evaluation.

**Question 2**

"Anticipation in sport can be improved through appropriate training and instruction." Critically evaluate this statement with reference to relevant research and theory.

**Question 3**

When coaching a group of athletes, the coach will usually be faced with a wide range of skill levels within that group. Through reference to challenge point theory (Guadagnoli & Lee, 2004), critically evaluate research and provide recommendations for how a coach can organise practice and provide feedback to ensure learning conditions are optimised for all individuals.

**Question 4**

Using relevant research and theory, critically evaluate the use of bowling machines to train cricket batting skill. Use your critical evaluation to develop recommendations for cricket coaches, so they may devise the best learning environments for cricket batting training.

**END OF EXAMINATION**