ST MARY’S UNIVERSITY

TWICKENHAM, LONDON

BA/BSc Degree Examination students registered for

Level **SIX**

Title: **Skill Acquisition 2**

Code: **SCS6022**

Semester: **TWO**

Date: **May 22nd 2019**

Time: **09.30 – 11.15 AM**

TIME ALLOWED: **ONE HOUR AND 45 MINUTES**

**Answer TWO QUESTIONS**

**Question 1**

Given your expertise in the field of skill acquisition you have been approached by a Local Sports Authority. They have asked you to produce a series of evidence based recommendations regarding how coaches can use demonstrations and observational learning to optimise athletes' skill acquisition.

With this scenario in mind, produce an essay based answer that critically evaluates the use of demonstrations and observational learning to enhance skill acquisition. You should consider both appropriate research and theory in this critical evaluation.

**Question 2**

Through reference to relevant theory and research, critically evaluate the importance of coaches ensuring that training environments faithfully represent the conditions of performance environments. On the basis of this critical evaluation, provide one detailed example of how a coach may design a specific training environment, ensuring explicit links are made to the underpinning evidence base.

**Question 3**

Through reference to challenge point theory (Guadagnoli & Lee, 2004), critically evaluate research to consider how a coach may optimally provide feedback and organise practice to enhance skill acquisition across a diverse group of athletes.

**Question 4**

Expert performers can anticipate the outcome of an upcoming event more effectively than novice counterparts. Provide a critical evaluation of research aimed at determining the sources of information underpinning expert anticipation.

**END OF EXAMINATION**