**ST MARY’S UNIVERSITY**

**TWICKENHAM, LONDON**

BA/BA(ITT)/BSc Degree Examination students registered for

Level **FIVE**

Title**: Social Psychology of Sport**

Code: **SPS5021**

Semester: **Resit**

Date: **5thJuly 2019**

Time: **09:30 – 11AM**

TIME ALLOWED: **ONE AND A HALF** HOURS

Answer TWO questions, ONE from Section 1 and ONE from Section 2. Answer EACH question in a SEPARATE booklet.

**Section 1**

1. **Emotion in Team Sports**

Using relevant theory and research critically discuss the idea that emotion in team sports in an inherently social and interpersonal process

1. **Coach-Athlete Relationship**

Using the following quote critically discuss the components of the coach-athlete relationship in relation to Jowett’s 3C’s + 1 (2007) conceptual model and related research:

“Eddie treats every player differently, but he knew the name of your wife and kids virtually from day one. Eddie took an interest and he knew how to extract that top 2% out of people which is often the difference between winning and losing.” (about Eddie Jones, 2016)

**Section 2**

1. **Collective Efficacy**

Critically discuss the quote in relation to the quote in relation to relevant theory and research:

"A lot of football success is in the mind. You must believe that your team are the best and then make sure that you are. You do it for the team because you know your team do it for you. I get that unbelievable engine, desire, determination to reach our goals.” (Steven Gerrard, 2013).

1. **Distraction**

Critically discuss the mechanisms which attempt to explain choking in sports performance, and describe the variables that may decrease the occurrence of choking.

**END OF EXAMINATION**