**ST MARY’S UNIVERSITY**

**TWICKENHAM, LONDON**

BA/BA(ITT)/BSc Degree Examination students registered for

Level **FIVE**

Title**: Social Psychology of Sport**

Code: **SPS5021**

Semester: **TWO**

Date: **May 15th 2019**

Time: **1.30-3 PM**

TIME ALLOWED: **ONE AND A HALF** HOURS

Answer **TWO** out of the fourquestions below. You should answer **ONE question from each section.** Answer **EACH** question in a **SEPARATE** booklet.

**Section 1**

1. **Organisational Stress**

Critically discuss the following quote using Fletcher Hanton, Mellalieu, and Neil’s (2012) Conceptual Framework alongside related research to highlight the impact of stress on sport performance:

“I was 21 when UK Sport funding came into effect, and the funding massively boosted badminton meaning I didn’t have to waitress or do bar work – I could become a full-time badminton player. So I went through that process of funding being introduced and that’s the reason we won our Olympic silver medal and world, European and Commonwealth titles… If we don’t have the funding for all of this we basically go all the way back to the start, where players will have to find jobs and do badminton part-time”

1. **Leadership**

Chelladurai’s (1978) multidimensional model of leadership in sport examines the behaviours and leadership styles athletes prefer their coaches to exhibit. Critically discuss the model and related research.

**Section 2**

1. **Collective Efficacy**

Collective efficacy can influence the success of a team, but there are challenges with measuring collective efficacy. Critically discuss collective efficacy theory, explain two challenges of measuring collective efficacy, and provide two suggestions of how to overcome these challenges’

1. **Distraction**

Critically discuss the mechanisms which attempt to explain choking in sports performance. Conclude with a clear statement regarding the current understanding of this topic within the research, and provide direction for future research.

**END OF EXAMINATION**