ST MARY’S UNIVERSITY

TWICKENHAM, LONDON

BA/BA(ITT)/BSc Degree Examination students registered for

Level **SIX**

Title: **Rehabilitation of the Upper Limb and Spine**

Code: **SRE6008**

Semester: **ONE**

Date: **14th January, 2020**

Time: **9:30 AM – 12 noon**

TIME ALLOWED: TWO AND A HALF HOURS

Answer **TWO** questions

1. Discuss using the shoulder classification system of ‘weak and painful,’ to address a patient with supraspinatus tendinopathy and how you may use it together with the rehabilitation model to make your rehabilitation process more robust.
2. Discuss limitations of traditional rehabilitation for a patient with a lumbar extension injury and how knowledge of the probable suspects may augment the rehabilitation process.
3. Reason through the importance of integrating the whole body into a rehabilitation programme when treating a patient with an upper limb injury.

**END OF EXAMINATION**