

Session 3

How can we act with love towards our common home?

"A community can break out of the indifference induced by consumerism. These actions cultivate a shared identity, with a story which can be remembered and handed on. [...] These community actions, when they express self-giving love, can also become intense spiritual experiences."

- Pope Francis, *Laudato Si'*, 232

What are we learning?

In today's session, we will:

- Understand the seven Catholic virtues
- Discern how we can develop ecological virtues
- Respond with what actions we can take in our school's community

Today's prayer

Dear God,

We give thanks and gratitude to you as we take this journey towards living more simply and sustainably.

We ask for your blessing as we begin to take action in our school, inspired by the beauty of your creation and guided by ecological virtues.

Praise be to you!

Amen



Activity: Virtues and vices



- Read through the list of words on your worksheet
- Circle 3 words you think will help us live more sustainably
- Underline 3 words you think will make sustainable living more difficult

Wisdom	Courage	Friendship	Love
Impatience	Faith	Creativity	Fear
Selfishness	Carelessness	Moderation	Wealth
Respect	Boastfulness	Anger	Community
Technology	Nature	Greed	Patience
Laziness	Family	Hope	Narrow-minded
Charity	Fashion	Kindness	Adaptable
Impulsive	Prayer	Vanity	Resilience

Which word is the most important to you?

Write a few sentences about why you think this word is the most important for you.

Which word do you find challenging?

Is there a word you struggle with? Write a few sentences about how this word impacts your actions towards the Earth and its people.

Reflection: Your mission, your virtues



In session 3, we developed our mission statements. In those statements, we reflected on our core motivations for caring for our common home. Now that we understand ecological virtues, let's reflect on our mission statements.

- Read your mission statement from last session

- Consider how your mission statement reflects the virtues

Does your mission statement reflect any of the cardinal or theological virtues?

Which virtues are at the heart of your mission?

How do you feel about this reflection?

- Reflect on whether you need to change your habits to achieve your mission statement. Why is this?

Activity: Planning your project



- Spend a few minutes with your group talking about your mission statements

Which areas of sustainability do you share a common interest in helping?

- Brainstorm some ideas for your project

How can you help care for our common home?

- Use the C.A.R.E grid to help your project take shape.

<p><i>Consider</i></p> <p>What will you do to care for our common home?</p>	<p><i>Aim</i></p> <p>Why do you want to help our common home in this way? Why is it important to you, your group, and your school?</p>
<p><i>Evaluate</i></p> <p>What are the long-term impacts of your project for you, your school, and your community?</p>	<p><i>Respond</i></p> <p>What will you need to achieve this project? How will you obtain this information/resources? How will you achieve it within the timeframe?</p>

- Plan a project timeline. Which tasks need to happen first? Are any of them time sensitive?

Start

Finish



- Set a clear goal for what you will achieve by the next session. Divide the tasks equally between you.

By next session, we will...

To achieve this goal, we need to...

Who is responsible for this task?