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**Research Student Skills Record**

**Name:**

**Institute/Faculty:**

**DoS:**

Please briefly reflect on the experience you have gained and advancements you have made in the following categories over the past year.

**Knowledge and intellectual abilities:**

The knowledge and intellectual abilities needed to be able to carry out excellent research

**Personal effectiveness**

The personal qualities, career and self-management skills required to take ownership for and control of professional development

**Research governance and organisation**

The knowledge of the standards, requirements and professional conduct that are needed for the effective management of research

**Engagement, influence and impact**

The knowledge, understanding and skills needed to engage with, influence and impact on the academic, social, cultural and economic context

**Please confirm the training courses that you have attended either at St Mary’s through the Research Development Programme or elsewhere:**