

SIMMIE GIRLS CAN



M

MONDAY 4TH MARCH

- 6-7.30pm (PEC) Strength club host women's learn to lift

T

TUESDAY 5TH MARCH

- 12.30-1.30pm (Dance Studio) Les Mills UV Indoor Cycle
- 5-6.30pm (Tennis Centre) Touch rugby session
- 5.30-6.30pm (Performance Hall) Basketball taster session
- 6.30-8.30pm (Training pitch 1) Introduction to Gaelic
- 6.30-8.30pm (Meet at SSM) Cheer host glow walk for #letsiftthecurfew

W

WEDNESDAY 6TH MARCH

- 10-11am (Link Room) 'Support for Sport: Breasts and Bras'
- 12pm (Tennis Centre) Women's tennis fixture
- 1pm (Teddington Lock) Women's hockey fixture
- 1pm (Performance Hall) Women's badminton fixture
- 2pm (Teddington Lock) Women's football fixture

T

THURSDAY 7TH MARCH

- 12-1pm (Performance Hall) Netball mini tournament
- 5-6pm (Tennis Centre) Lacrosse taster session
- 5-6.30pm (Performance Hall) UV badminton
- 6-8pm (Dance Studio) Dance: Show off your inner fierce and confidence

F

FRIDAY 8TH MARCH

- 12-2pm (Link Room) Sport Psychology talk
- 5-6.30pm (Performance Hall) Women's football host 5-a-side tournament

