# STRAWBERRY HILL OVERSEAS AND COMMUNITY CONCERN

Annual Report of the Trustees For the year ending 31st December 2017

Charity registration number 1120787

The Trustees present their report together with the accounts for the charity for the year ending 31<sup>st</sup> December 2017. This report has been prepared in accordance with the requirements of the Statement of Recommended Practice (FRS102) on 'Accounting and Reporting by Charities', and the Update Bulletin as have the accounts which have been drawn up on the accounting policies set out in Note 1 of the Financial Statements.

## Trustees

Mrs Elizabeth Byrne Hill Dr Kevin Cook (Chair) Mrs Valerie Cunningham Dr Caroline Healy Mrs Lin McGarry Mr Michael Murnane Ms Sally-Ann Richards Mr Julian Smyth

## **Principal Office**

St Mary's University, Strawberry Hill, TWICKENHAM. Middlesex. TW1 4SX 020 8240 4000 https://www.stmarys.ac.uk/strawberry-hill-overseas-community-concern/shocc.aspx

## Bankers

Lloyds Bank plc, PO BOX 1000, BX1 1LT

## Objectives

Within the overall object of *the relief of disadvantage in the UK and overseas* as set out in the Strawberry Hill Overseas and Community Concern Trust Deed our agreed objectives are:

- To advance the education of pupils in schools overseas by providing and assisting in the provision of facilities for education
- To advance the Roman Catholic faith for the benefit of the public in accordance with the statements of belief of the Roman Catholic doctrine

- To develop the capacity and skills of members of socially disadvantaged communities in the UK and overseas so that they may be better able to identify and help meet their needs and to participate more fully in society
- To promote and protect the physical and mental health of HIV/AIDS sufferers through the provision of financial assistance, support, education and practical advice.

## **Background and approach**

Strawberry Hill Overseas and Community Concern (S.H.O.C.C.) is a UK charity working with disadvantaged people in many parts of the world. The charity was founded in September 2007, replacing its predecessor Strawberry Hill Overseas Concern (SHOC). Strawberry Hill Overseas Concern (S.H.O.C) was founded in 1971 by a group of staff and students who wished to explore the idea of establishing a link with educational institutions in the Global South. Several staff had experience of teaching overseas and they were aware both of the educational and personal needs of individuals and communities overseas and of the potential of such links to St Mary's. Together they wished to devise ways of bringing the needs of the Global South to the attention of the university community. Within a year, SHOC had become a recognised feature of college life.

In 2007, the name of the charity was changed to reflect its local, national and international dimensions. Whilst not giving up its overseas work, the new charity sought to bring together the many aspects of voluntary work of a more local nature being carried out by the university. Charitable status was obtained and trustees appointed.

S.H.O.C. was always very much a shared staff-student experience and the new charity has attempted to continue this tradition. For some this means working as a volunteer locally or overseas; for others it has involved corresponding with students or helping with fund raising initiatives. A strong, positive feature of SHOC and SHOCC is that they both involve present and past members of the college community.

S.H.O.C.C. concentrates on three main areas of activity. These are Projects, Fund-raising and Publicity. Projects that might receive financial support are submitted for consideration to the Trustees. Projects need to have a link with the university such as through a member of staff, student or alumni and there should be some benefit to the charity and the institution. Trustees seek funds to meet these needs and are responsible for making bids to funding bodies and seeking financial support from individuals. They also encourage staff and students to raise funds through a range of activities both within and outside the institution. Trustees are also responsible for placing the work and success of the charity in the public domain. They do this through newsletters, maintaining the charity web site, by using social media such as Facebook and other means. The charity has a web site managed by the university and produces a regular newsletter.

While S.H.O.C.C. often provides the main funding contribution, our projects typically feature contributions from the beneficiary communities themselves.

Since 1971 several hundred staff and students have committed themselves to a period of work overseas or have worked on a voluntary basis with local disadvantaged groups. Whilst it is difficult to be precise about the amounts of funding raised, it is estimated that staff and students, both past and present, have, since 1971, been linked to over 125 projects and have raised nearly a million pounds.

## Achievements and performance

During the period covered by this Report, SHOCC provided £115,470 to support the work of 15 partners and projects both in the Global South and nearer to home in the Twickenham and Kingston area. As in past years, costs were kept to the minimum and over 99% of our income went directly to projects.

The total funds received during the year showed a considerable increase from the previous year and amounted to £120,957 (see Figure 1 below). Most of this was what the Charity Commission terms 'restricted funds' in that they were donated for specific projects such as the £22,300 raised for the creation of a learning support room at the university in memory of past student Molly Burdett. £20,500 was provided to purchase and fence the land for a new school at Kisaki in central Tanzania and £15,131 and £13,223 respectively to continue our support for schools near Moshi, also in Tanzania. £14,909 was given by 43 families in Northamptonshire for pupils at Outspan primary and secondary schools in Uganda. £6,999 was donated to support the work of Grassroots Tanzania. Unrestricted donations were used to fund our long-standing link with Proyecto Vida in Guatemala (£6,956) and we sent a further £2,687 to St Jude's school at Mto Wa Mbu in Tanzania and £2160 to Nandom Secondary

School in Ghana. We received a request from an alumna who runs the Water for Life project in Malawi and were able to respond with a grant of £1000 towards the costs of a borehole. We were delighted to be able to continue supporting St Paul's Youth Club in Putney (£780) and to begin a link with Momemtum in Twickenham (£894) and Aiaba in Florence, Italy (£481). We also helped an undergraduate with fund raising for his work on the pilgrimage to Lourdes (£500). A list of projects funded is provided below (see Table 1).

Table 1. Proi	ects funded in 2017 with sources and uses made of funding	

Project	Amount	Where the funding came	What our funding	
	provided	from	achieved	
Outspan Schools Uganda	£14,909.28	Northamptonshire parents and SHOCC general funds	Education of 35 primary and secondary pupils. Towards purchase of land for school playing field	
Kisaki School Tanzania	£20,500.00	The Hood Foundation and SHOCC general funds	Fencing of 45 acres of land and installing two boreholes	
Nandom Secondary School Ghana	£2,160.00	Long-time SHOCC supporter - regular giving	Developing classroom facilities at school	
Grassroots Tanzania	£6,999.69	Regular donors through our Just Giving site	Completing construction of Itumba Hill Primary school	
Orkilili School Tanzania	£13,223.00	Shepperton sponsored walk and Trust Fund	Food for school lunches and construction of new technology facilities	
Chekereni School Tanzania	£15,131.31	Glencore International	Solar panels for classrooms, dormitories and grounds	
Molly's Smile	£22,300.90	Individual donations via our Just giving site	Assistive Technology suite at St Mary's University	
Santa Maria Hospice, Guatemala	£6,956.25	Regular donors through our Just Giving site	Hospice repairs and solar panel installation	
House Moshi Tanzania	£400.00	Pound for pound scheme for auction of quilt	Construction of house and facilities for family	
Water for Life, Zambia	£1000.00	Donations made through our Just Giving site	Construction of borehole	
St Jude's Parish School Mto Wa Mbu Tanzania	£2,687.60	Donations made through our Just Giving site	Greenhouse to provide vegetables for school lunches	
HCPT Twickenham Group	£500.00	Donations made through our Just Giving site	Support student helper with transport costs on Lourdes pilgrimage	

St Paul's Youth	£780.00	Donations made through our	Towards running costs of
Club Putney		Give as you Earn scheme	youth club for severely
			disabled children
Momemtum	£894.00	Donations made during Lent	Support for families with
Kingston upon		2017 and from collecting tins	a child with life-limiting
Thames		in university refectories	condition.
Aiaba Florence	£481.85	Donations made to the Just	Towards running costs of
Italy		Giving site for this project	autism centre in Florence
Moshi quilt	£800.00	Donations from auction of	To provide family in
		quilt at local church	Moshi Tanzania with
			bedding materials



Our income came from a variety of sources with individual donations totalling £38,632 and representing our best year ever from this source. Our Just Giving site raised £27,656 and attracted Gift Aid and we received £15,131 from companies and £28,138 from Trusts. The Lent jam jar collection and sponsored walk raised £3,670 and Give as you Earn a further £883. HMRC provided us with a further £4,965 in tax refunds. Smaller amounts were received from the quilt sale (£400), collecting tins sited in the university refectories (£95) and we received the final part of the Amy Hemming's legacy (£52).

## Some of the projects we supported in 2017

Molly's Smile Assistive Technology Suite St Mary's University Twickenham, UK



For the past two years SHOCC has shared the dream of providing a memorial for Molly Burdett, a second year St Mary's undergraduate who sadly died after a short illness in July 2015. This would take the form of an Assistive Technology Suite at the University to help students with

Decorative balloons welcome the opening of the new Molly's Smile Assistive Technology Room at St Mary's University.

#### Kisaki Girls' Secondary School, Kisaki near Singida Tanzania

In September 2016 SHOCC Trustee Elizabeth Byrne Hill visited a plot of land a few miles to the east of Singida in central Tanzania and spoke of "*a featureless site of sand, rock and blackened scrub; no trees, no water, no electricity… and no people*". Twelve months later she returned following a generous donation of £10,000 from SHOCC together with other donations and the site has been transformed.



wind had dropped and work had begun. 70 acres will be protected against marauding animals by a metal mesh fence, firmly secured to concrete posts and bedded deep in concrete to prevent burrowing.

In July 2017 the sun shone, the

Sr. Schola talks to the workmen who are erecting the wire fence around the new school compound

The land is being cleared and volcanic rock in the line of the fence has been blasted away by bonfires. Some graves have had to be removed and the few remaining bones respectfully reinterred; all with the agreement of the local community.

As the photo shows, the fence looks ugly at the moment but it won't take long to grow climbing plants such as bougainvillea. Sister Schola, the Kisaki project manager, has already planted 200 donated indigenous tree saplings each protected from local goats by thick, thorny scrub. A trial plot of cassava has been planted and it produced a reasonable crop; much to the amazement of local people. SHOCC has now provided sufficient funding to drill two deep boreholes, both hitting good aquifers and the project is underway.

Perhaps in our next Annual Report (2018) we will be able to report on the construction of the first dormitories and classrooms. The Sisters of the Assumption girls' school at Chekereni near Moshi was just a field in 2006. It is now a splendid school with over 400 pupils including a thriving sixth form and disabled access to classrooms and dormitories (see later image and report). We have similar great hopes for Kisaki.

#### St Marie Eugenie Girls' School at Chekereni, Tanzania

During the summer of 2016, Trustees Kevin Cook and Elizabeth Byrne Hill were invited to visit the new girls' secondary school at Chekereni near Moshi in Tanzania. Thanks to a generous donation from Glencore International, SHOCC was able to send £15,000 to install solar panels for the dormitories and classrooms.



One of the disabled ramps fully lit by solar power as it climbs to the second-floor classrooms

After a guided tour of the installations, lights the were switched on much to the joy of the assembled pupils, Sisters and ourselves. The photo shows one of the disabled ramps fully lit as it climbs to the second-floor classrooms. Girls can now study long after dusk falls at 6pm every evening and can walk about the campus without fear.

The school is a wonderful example of what can be achieved with a little funding in a very short time. Work began a mere 10 years ago and the school is now almost complete with only a hall and chapel still required.

#### Santa Maria Hospice Coatepeque, Guatemala



Maryknoll Sister, Dee Smith inspects the new well on the hospice farm. Funding for both the well and the farm were provided by SHOCC

Trustee Kevin Cook visited the Santa Maria hospice at Coatepeque, Guatemala in June 2017 and represented SHOCC at the official inauguration of the newly constructed well. The Director, Sister Dee Smith, estimates that having a reliable source of good clean water close to the hospice will eliminate the need to buy water during the dry season and will reduce health risks. It should also reduce the water bill.

Kevin also visited the 5 acre home farm (£15,000 funding provided by SHOCC in 2015) and the honey project. The farm is providing the hospice with a wide range of fruit and medicinal plants. The ecological principles involve include avoiding the use of artificial fertilisers and pesticides. On the basis of the farm's success, a grant of \$30,000 has enabled Dee to up-scale the farm approach to 60 HIV+ family gardens. Each family has been given a starter-pack consisting of compost, worm 'tea' and seeds and a representative, usually the mother, attends classes on cultivation. 58 of the families are still involved and the two who have dropped out did so for personal reasons. The 50 hive bee project on a neighbouring rubber finca is flourishing and is producing 1000 litres of honey a year, much of it being used in the diets of the hospice patients.

#### St Jude Thaddeus School Mto Wa Mbu Tanzania



A young pupil learns how to count to 10 using rounded pebbles from the nearby river.

One of SHOCC's newest projects is located at Mto Wa Mbu in Tanzania. SHOCC arranged for 60 Cleveland scouts and their leaders to spend a month with Fr Peter Kway in the parish during the summer of 2017 building a large primary classroom. This same scout group had constructed two classrooms at St. Paul's School at Marigat, Kenya in 2013; another SHOCC project. This project is now complete and the school has the first two of seven primary classrooms. SHOCC has been asked to consider finding funding for further classrooms. SHOCC has agreed to help Fr Peter find the £50,000 required for the construction of the five additional primary classrooms.

Whilst staying with Fr Peter, Trustees Kevin Cook and Elizabeth Byrne Hill were able to visit the SHOCC funded new greenhouse project. This will produce tomatoes and other vegetables for consumption during the infant and primary school lunches and for sales locally.

#### Makolekole Water for Life Luangwa Valley Zambia

In September 2017 we received a request for funding from alumna Christina Carr (nee Huggins) who graduated from St Mary's in 1986. She and her husband now run a borehole project in the Luangwa Valley in eastern Zambia. Because of the clear links with St Mary's and a wish to return to funding a project in Zambia (we provided funds for a school at Kabwe many years ago), we immediately agreed to provide £1000. Whilst this will not cover the £5000 required for a borehole, it is a start and we hope to provide further funding in the future.

#### Grandmother and orphans project Moshi, Tanzania



The grandmother receives the new bed and sheets for the renovated home

SHOCC often receives requests for funding from individual families and, whilst we much prefer to allocate our limited funds to communities, we were willing to provide funding on a pound for pound basis for this project. The request came from St Mary's undergraduate Sr. Maria Karama. She reported the case of a grandmother singlehandedly supporting three young children. Their father tragically died in a fire a few years ago and their mother left the children and remarried. The grandmother and children live in very poor conditions in a single room and live off what the grandmother can provide from her very small plot of land. They urgently needed a better house, beds and a toilet.

What impressed us was that Sr. Maria had already raised £400 from the auction of a large quilt she had made. SHOCC have agreed to continue to fund this project up to a total of £2,000 on a pound for pound basis so that the house can be enlarged and the toilets completed.

### HCPT 142 (Twickenham Group)

In July 2017 we received a request from a St Mary's undergraduate who is closely involved with the Handicapped Children's Pilgrimage Trust (HCPT Group 142) in the local area. This takes children with additional needs and from disadvantaged backgrounds to Lourdes at Easter for a week of fun and respite. This not only benefits the children but greatly affects the adults that care for them. We were delighted to be able to provide £500 towards the undergraduate's travel costs.

#### Orkilili Secondary School near Moshi, Tanzania



We made two awards in 2017 to our long-term project at Orkilili Secondary School in northern Tanzania. The first was a donation of £1,500 towards the purchase food in local markets.

Trustee Elizabeth Byrne Hill, Mama Yohana and Sr Schola visit the new technical workshop at Orkilili secondary school. The building is now complete and in full use

Prices for daily items such as rice and ugali (maize flour) rose five-fold during the year; a year without any rain. The money was spent as soon as it is received and the main benefit was the continued good health of the pupils and allowing Mama Yohana, the Head teacher, to use other school funds for their education.

The second donation of £11,738 was received from a generous benefactor who has helped the school in many ways in the past. The money was used to begin construction of the much needed technology room at the school. The building is now complete and is being used to provide learning and teaching in subjects such as electronics and automotive engineering.

On September 18<sup>th</sup> 2017, Orkolili Secondary School was given the national accolade of a visit from the Uhuru Torch. The torch symbolizes freedom, hope and development and is toured around the whole of Tanzania annually. To merit a visit, a project must demonstrate a significant contribution to industry, agriculture or other important aspects of development such as education.

The innovative Vocational Training Wing at Orkolili has generated interest both locally and nationally. In 2002 Mama Mcha opened an independent school very different from the usual model which would expect high grades at entry and would focus on academic results. Orkolili School has no entry requirements and although the students attain excellent exam results in the four years they spend there, it has become evident that some students could make good use of technical skills alongside academic attainment. The inauguration of workshops in

tailoring, bakery, electrical engineering; auto repair and, latterly, machine tools meets these needs. Practical classes take place in the afternoons after subjects such as Swahili, English and mathematics in the morning. Now other schools want to follow this lead. SHOCC is proud to have supported this innovative initiative from its inception, finding donors and funds for many of the buildings.

#### The AIABA Centre for autistic children, Florence, Italy



Pilgrims walking the Via Frangcigena in Tuscany

Towards the end of 2016 we were approached by a group of old school friends and a SHOCC Trustee who were walking part of the Via Francigena in Tuscany to raise funds to provide longterm residential care for adults and children with autism. Whilst there was no clear link with SHOCC and the university, we agreed to set up a Just Giving site for the event. The Walk was a great success and we were able to send AIABA the donations during 2017.



Workmen in front of the newly roofed classrooms and office block at Itumba Hill Primary School, Tanzania. SHOCC has provided funding to enable this excellent project to move towards completion.

SHOCC has supported Grassroots Tanzania since it decided to build the village school at Itumba Hill in Tanzania in 2013 and we are delighted with the progress achieved with the new Primary school. The village is home to over 400 youngsters of school age and is located in one of the most remote regions of Tanzania.

The villagers have tried to raise the

money to build the minimum two classrooms but attempts always failed to meet strict government regulations. Itumba is a part of the country that is 'off grid' with no basic amenities like electricity or running water and boys from the age of 12 herd cattle and the

Itumba Hill Primary School Tanzania

girls are married. Grassroots Tanzania decided to help and the roofing of the excellent classrooms is a wonderful achievement.

#### **Integrated Neurological Services Twickenham**

In 2008 when we established our own, independent charity, we added another 'C' to our name to reflect the projects we supported in our local community. In November 2016 we received a request from the Twickenham based Integrated Neurological Services for a small amount of funding.

A St Mary's graduate works with a patient at the INS clinic in Twickenham

The funding bid came from a past sports science student employed by INS as a rehabilitation officer and was to be used to support patients with long-term neurological problems. We could see an obvious link with the university and were delighted to be able to help; if only in a very small way.

## St Paul's Youth Club Putney



Children at the centre enjoy the cakes they have made during a session

SHOCC has supported the Putney based St Paul's Youth Club for several years since Robert Hyland, a member of St Mary's staff, and Cassandra Evans reported the loss of crucial funding following Local Authority cuts. There was a danger that the weekly safe-haven for visually impaired, severely disabled or mentally challenged young people between the ages of 11 and 19 would have to close.

St Paul's is the only youth club in the area catering for these severely disadvantaged young people. SHOCC was able to support Robert's work with a small grant again this year.

## Plans for the future

The main objectives set for the year 2018 are:

- To continue to support financially and spiritually our Global South projects such as those at Chekereni, Orkilili, Mto wa Mbu and Kisaki in Tanzania, Marigat in Kenya, Outspan in Uganda and Proyecto Vida Guatemala.
- To seek to widen our links with local charities and provide funding to meet their needs especially where they have a strong connection to the university.
- To continue to expand our donor base through Give as you Earn, Charities Aid and our Just Giving web sites and to investigate the opportunities for obtaining funding from a wider range of Trust Funds.
- To continue to raise funds through sponsored events in and around the University.
- To raise an income for the year of at least £40,000 from a diverse funding base.

## Structure, governance and management

SHOCC was founded in September 2007 and has been governed as a Charity since that date. It replaced the existing charity, Strawberry Hill Overseas Concern (SHOC) founded in 1971. It took the opportunity to widen its remit to take in local as well as international projects but its mission remains essentially the same.

## Trustees

Trustees are selected by the existing Trustees in accordance with our Trust Deed and according to the skills and experience required for the charity to function well. New Trustees are inducted into their roles under the guidance of the existing Trustees and with the help of the relevant publications of the Charity Commission. As well as becoming familiar with the charity's objectives, values and ways of working, Trustees are encouraged to visit projects whenever possible to see at first hand the work of the charity.

During the year to 31st December 2017, SHOCC had eight Trustees. In 2016 we accepted ex-Trustee David Leen's kind offer to act as financial advisor to the charity, to validate our annual accounts and provide advice when required. We welcomed university member of stadd, Julian Smyth as a new Trustee. We continue to be grateful to the university's Assistant Chaplain, Caroline Stanton, who provided us with considerable of support in many ways. The Trustees hold regular meetings to review the work of the charity, to agree forward plans and budgets and to determine other matters of general policy. There is frequent contact among the Trustees and between Trustees and staff outside these meetings. The charity has a large supporter base made up of representatives from areas of the university. These supporters are invited to attend some of our meetings.

The work of the charity is managed under the headings of Project Funding, Finance, Fundraising and Publicity. Individual Trustees take a leading role in relation to each of these areas and additional inputs are provided by supporters.

## The operation of the charity

Strawberry Hill Overseas and Community Concern (SHOCC) currently does not make use of office space and has no overheads of this kind. Its day to day management is in the hands of the Chair of Trustees. Its meetings are usually held in the Chaplaincy at the University.

Trustees and the supporter group, operating from the university, make a wide range of valuable contributions, such as organising sales and events such as a Rag Week to raise funds. Regular donations are received from annual events such as the university carol singing in London, from chapel collections, from sponsored events and from individual donations through Give as you Earn or to the charity's Just Giving sites on the web. Contributions to the charity's work are also received from past students.

## **Public benefit**

In exercising their powers and duties, the Trustees have due regard for the guidance on public benefit published by the Charity Commission. The charity's activities, therefore, give rise to identifiable public benefits, both in the UK and overseas.

Strawberry Hill Overseas and Community Concern's focus is on the disadvantaged in its local community and overseas. For them, the benefits are clear. Providing sums of money for classroom construction or for the building of an HIV/AIDS hospice can be the starting point for wider development. Wherever possible, we encourage the local community to help meet the costs of projects as this gives them ownership and helps to make the projects sustainable. Their contribution often takes the form of providing the labour required to carry out construction work. Our funds can never meet all the costs of a school and input from the local

community during and after construction is essential. As an example we required Muthetheni Girls' School to provide 10% of the overall costs of the laboratory project and they did so. This has given them 'ownership' of the project.

#### **Risk management**

As a grant-awarding charity, the main area of risk is the extent of our commitments in relation to the funding of our projects. The charity seeks to limit commitments to a level which can be met out of funds available to it. Funds cannot be provided unless they are available and projects are made aware of the time it may take to meet a commitment in full given that SHOCC is a relatively small charity.

All projects must have a distinct and recognizable link with the university and funding is not provided for applications that do not meet this criterion. For large projects such as that at Kisaki, a local project manager is appointed and a legal contract negotiated between SHOCC, the project and the contractor. Three quotations are required for projects of this size and a separate bank account is mandatory. SHOCC agrees a timetable for the work and regular tranches of funding are only delivered on the successful completion of stages of the work. A proportion of the funding (usually 5%) is retained and is only paid to the contractor six months after the completion of the project subject to it being signed off at this time.

In assessing individual projects, the Trustees consider the following aspects of each proposal for funding:

- The significance and importance of the project in relation to the aims of SHOCC and the mission and values of St Mary's University,
- The need for and benefit/impact of the project on the community in which the project is based,
- The viability/sustainability of the project in the medium/longer term i.e. will it require future investment or will it be self-sustaining,
- The likelihood of the project proceeding to completion and achieving its aims,
- The value for money of the project taking into account the funds that are being requested in light of the potential benefit/impact of the project and the likelihood of accessing related/other funding if required.

Project applications are submitted using a standard format that requires applicants to provide information under the following headings:

Name, address, and contact details
Project title
Links with the University
Detailed costs
Other support/funding
Referees

The risks inherent in each project are assessed. In particular, the following aspects are considered:

- The capability of the partner organisation to carry out the project and the effectiveness of its operations;
- The commitment of the beneficiary community to the project;
- The technical soundness of the proposed works and their sustainability after completion;
- The validity of the budgeted costs and the timescale proposed for the project.

The Trustees keep the organisation of the charity under review and seek to ensure that it is adequately structured and resourced to meet the needs of its operations.

## **Financial review**

The annual accounts show a total income for the financial year ending 31st December 2017 of £120,957 (2016 £53,677). The total expenditure by the charity on its project programmes was £115,470 (2016 £36,826). The charity had no project support, fundraising or governance costs. The majority of this expenditure went to school building projects in Kenya and Tanzania and to providing school fees for children at a school in Uganda. A small amount was provided for local Twickenham needs. Details of some of these projects are provided above.

The financial performance of the charity is monitored against agreed budgets, with the Trustees receiving regular statements of Income, expenditure and reserves held.

The level of reserves is kept under regular review. The Trustees have agreed to keep this figure as low as possible as the charity has no overheads, wishing to distribute its income to projects as quickly as possible. Nevertheless, on no account can the charity be allowed to manage a negative overall budget and projects are only supported when funds are available.

Reference is made in the financial statement to those funds received for specific projects (restricted funds). These are held for the purposes agreed with the donors and are expended to the relevant programmes. In the accounts for 2017 restricted funds accounted for 93% of total income; a increase on the 82% in 2016. Cash reserves at 31<sup>st</sup> December 2017 were £31,411.21

I declare, in my capacity as a Trustee, that the Trustees have approved this Report and have authorised me to sign it on their behalf.

Signed	Kevin L Cook	Full name	DR KEVIN LAURENCE COOK
Position	Trustee	Date	11 <sup>th</sup> October 2018