

St Mary's University Student Newsletter



November 2021

Hello Simmie,

Welcome to your fortnightly student newsletter! This week we've got information on Anti-Bullying Week and the support available to you at St Mary's, an update on EDI activity taking place across our student networks. On Friday 26 November our Police Liaison Officer is hosting a drop-in session in the DV Cafe to answer any questions you may have, including crime prevention or personal safety.

Tomorrow (Thursday 18 November) the <u>POP-UP Vaccination clinic</u> returns to campus from 11am - 4pm, and the final <u>Student Heart drop-in session</u> takes place from 12 - 1 pm in The Hub. Previous editions of the new student newsletter are available <u>here</u>.

It starts with #OneKindWord



15th - 19th November 2021

In light of <u>#AntiBullyingWeek</u> this week, we wanted to take this opportunity to highlight that St Mary's is committed to creating an inclusive, safe, supportive environment for all our students, staff, and visitors. In line with our values of 'Inclusiveness' and 'Respect', we recently launched a pilot scheme aimed at explaining to the wider university community what reporting and support options are available to them. The pilot focuses on a range of issues, such as bullying & harassment, hate incidents, and sexual misconduct. '**Report and Support**' offers guidance to students on how to report these behaviours anonymously, informally, and formally. You can learn more <u>here</u>.

If you'd like to speak to someone to share how you're feeling, we have a number of support services in place to help you. You can discuss concerns you may have that are affecting you with someone in our Student Services team who can make sure you receive the correct support.

You can also access <u>Togetherall</u>, a 24/7 online

platform to assist you in managing your wellbeing for free, and <u>Student Space</u>, providing access to free and confidential mental health and wellbeing support and advice.

Learn more about the support available to you

EDI Update: the latest news from across our student networks

We hope you all enjoyed '**Wobble Week**' last week and managed to participate in some of the activities available.

As part of Interfaith week, the **Bollywood fusion dance class**, returns on Friday 19th November. Head over to the Dance Studio for 3pm. We don't yet have a student interfaith society, but it's not too late to set one up! Contact <u>studentlifepresident@stmarys.ac.uk</u> or interfaithnetwork@stmarys.ac.uk



Your SU team is busy planning **Inclusive Sport Week** at the end of November, culminating in an Inclusive Sports Day on Friday 3rd December. If you have ideas or want to get involved in the planning, contact <u>sportpresident@stmarys.ac.uk</u>.

Learn more about White Ribbon Day, Stress Buster Football, and the Student Engagement Fund in our full round-up article.

To read the full update click here.

Making the most of personal tutoring



All St Mary's students on taught programmes are allocated a personal tutor – but do you know how to make the most of this opportunity?

Personal tutors are there to support your academic, personal and professional development throughout your time at St Mary's. They are your first point of contact if you have any questions, personal concerns, or academic worries.

However, personal tutoring is not just a source of support in case of difficulty. Your personal tutor can also help you to:

- flourish in your studies with advice on academic skills and course choices;
- make the most of the wide range of opportunities and support available from the University;
- plan your career including providing you with a reference for jobs or further study on request.

So don't miss out on opportunities to meet your tutor – it's worth getting to know them and making sure they know you!

Click here to find out more

Meet our University Police Liason officer

Our dedicated University Police Liaison Office, PC Ray Sullivan will be running a drop-in service for students and staff on Friday 26th November, in the Dolce Vita Café, between 1 pm and 3 pm.

Come along and meet your University Liaison Officer from the Metropolitan Police for advice and support whether it be in relation to crime prevention or personal safety or you may be interested in pathways into a Career in the Met Police.

PC Ray Sullivan will also be available to speak to students on any of the below:



- Ask for Angela
- Bike Register
- Recording Electrical items on Immobile
- Other concerns or queries

Visit the DV on 26th November between 1 -3 pm.

Share your feedback



Our final Student Heart drop-in session takes place tomorrow in The Hub (Library) from 12 - 1.

All staff and students are invited to drop in and see us to find out more. You can also visit our dedicated Student Heart website page where we're sharing regular updates and pictures throughout the construction project.

Share your Student Heart feedback

If you've got any comments or feedback about Student Heart, which could help Shape St Marys, please add them to the comment jar available at the drop-in session or via our survey monkey form <u>here</u>.

Visit our dedicated Student Heart website page here.

Coming soon! Academic Integrity Awareness Week

Please keep an eye out for further details about the upcoming Academic Integrity Awareness Week which will take place from 29 November – 3 December 2021. We'll be running a week of activities designed to help you to write great assessments which avoid plagiarism and academic misconduct.

Planning for the week is now well underway and activities are likely to include:

- Drop-in sessions on academic integrity and good academic practices
- Showcasing existing sources of student support and guidance on academic integrity.
- Useful tips in Moodle sites and on the University's campus flat screens.
- Guest expert speakers
- Dedicated social media

Further details about Academic Integrity Awareness Week will be published shortly.

Learn more about Academic Integrity here.

Residential students: Complete The National Student Housing Survey and <u>be in with a chance to win £500. Click here.</u>

Quick round up of other news



Stress Buster -Recreational Football

Every Thursday from 12-2pm in The Tennis Hall, St Mary's Wellbeing Team, Sport St Marys and staff from SAHPS are running free recreational Football sessions. The sessions are open to all students, no appointment needed. Simply turn up and play.

Find out more here.



Conversations: Let's Talk About Race

Join members of the Race Equality Charter Self-Assessment Team (SAT) for the next instalment in our series of conversations about race. The monthly conversations focus on a particular topic relating to education, use of language, allyship, etc. All students are welcome to attend

Find out more here.





Chaplaincy Christmas Fundraising

This year we're supporting the Vineyard Centre, SPEAR, and Afghan Refugees in their Christmas 2021 campaign appeal. Collection boxes will be around campus from 15th November to 15th December. if you can please donate nonperishable food, toiletries and treats.

Find out more here.

Key dates for your diary

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November 2021

- 14 -21 Interfaith week
- 15 -19 Anti-bullying week
- 16 18 <u>Student Heart drop-in sessions</u>
- 18 Pop-up vaccination clinic on campus
- 22 SU Christmas light switch on
- 26 Police Liaison Officer in DV Cafe from 1 3pm
- W/C 29 Academic Integrity Awareness week starts
- W/C 29 <u>Study Abroad information sessions</u>

December 2021

- 2nd PGCE: Coffee and Chat Drop-In 2pm
- 3rd SU Inclusive Sports Day
- 8th PGCE Online Open Evening 7pm

Information about these campaigns will be shared on the Student Union and St Mary's University social media channels

St Mary's University 2021 Click <u>here</u> to unsubscribe or to change your Subscription Preferences.

Click here to view this email in your browser.