





Student Newsletter February 2023



The next newsletter will be sent on Wednesday 1 March

Hi Simmies!

The SIMMIE Newsletter is sent to your student email address fortnightly and provides key updates from across the University. Previous editions of the new student newsletter are available **here**.

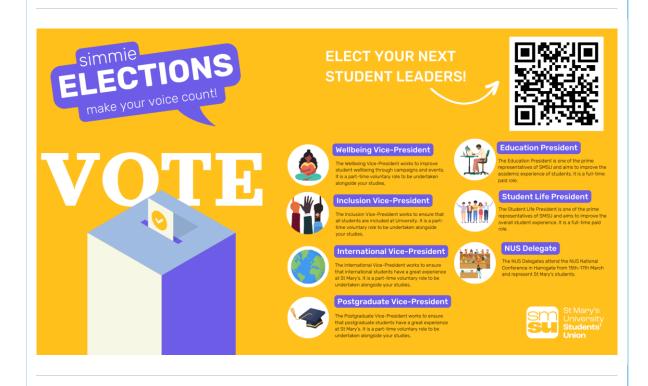
Interfaith Charity Appeal

Through St Marys Interfaith Lent-Ramadan campaign we are supporting two charities: Richmond Food Bank and the British Red Cross Turkey/Syria Earthquake Appeal.

You can support via the JustGiving page, coin donations as well as non-perishable food and toiletries. Boxes will be in the Chapel, Chaplaincy and the Ref.



Click here to find out more

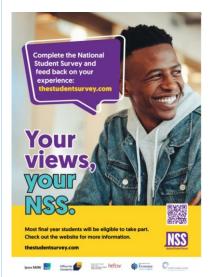


Taking care of your mental health

Mind the Gaps has been designed by your fellow students and those from University of West London and Kings College London, who all have lived experience of studying without various forms of familial support, so it is bound to help you too! Come along to a workshop or check out our online resources.



Find out more here.



Calling all final year UG Simmies!

Share your feedback in this year's NSS survey and help us improve life for future SIMMIES. You'll also help other students make informed decisions about their choice of course and university.

Every student who completes the survey will be entered into a free prize draw to **win 1 of 4 £100 Love2SShop vouchers** and **1 of 3 iPad minis** - simply sign up in the SU office. All students who complete the survey can take their confirmation email to the SU to collect a **free drink voucher** from the Ref or DV.

Complete the survey here!

Cups, cups and more cups!

It's been a mix of highs and lows for our teams the past couple of weeks! Our men's 1st team football narrowly lost 2-1 to Bucks New Uni, their first defeat of the season. However, our women's 1st team are through to the semi-final with a convincing 8-0 win over Brighton 2s. Men's basketball also saw their first defeat, bowing out of the cup against Surrey.

We end on a positive note though as both our men's and women's lacrosse teams are through to the semi-finals with a 19-0 and 10-4 win over Reading respectively. Women's lacrosse are now the only undefeated St Mary's team this season. Up the girls!

Find out about our Sports Clubs here!





Mark your calendars!



February 2023

- Feb LGBTQ+ History Month
- Feb April Final Year UG Complete the NSS
- 22 <u>SU: Candidate Question Time</u> (6pm)
- 24 SU: Election Results Night (6:30pm) SU Lounge
- 27 SU: Random Acts of Kindness Week

March 2023

- 6 SU: SIMMIE girls can
- 9 University Mental Health Day
- 29 <u>SU: Varsity</u>

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