



St Mary's University Student Newsletter



November 2021

Hello Simmie,

Welcome to your fortnightly student newsletter! Read on for an update on our EDI activity and how you can get involved throughout November, including the SU's [Movember campaign](#), [Wobble week](#) (8-12th November), and lots more. Find out how to stay safe if you think your drink has been spiked. Plus, plans for observing Remembrance Day which takes place on Thursday 11 November.

We also have information on Student Heart drop-in sessions, the University's podcast UniCast, the return of the POP-UP Vaccination clinic on 18th November, and key dates for your diary. Previous issues of the new student newsletter are available [here](#).

EDI Update: Movember, Wobble week, and much more

Although the days are getting shorter, the list of exciting EDI events and ways to get involved is getting longer...

Join the SU's [Movember campaign](#) to help raise awareness (and money) to support men's mental and physical health.

[Wobble Week](#) takes place from 8th - 12th November! If you're feeling overwhelmed by university life, we want you to know it's OK. Join our week of activities and get the support you need.

The LGBTQ+ Society is running an '[LGB and Tea](#)' on 12th November from 12-2 pm in the DV.

We'll be celebrating our diverse community in different ways during **Interfaith week** (14 - 21 November).

#AntiBullyingWeek takes place from 15 - 19 November. This year's theme is One Kind Word. Keep an eye on our social media channels for more information.

[To read the full update click here.](#)



I think I've been spiked



The University and your SU team are working together to help keep you safe following the reported increase in drink spiking across the UK. Keep an eye on the SU's social media channel for further updates.

Know the signs

Symptoms may include a loss of consciousness, a loss of balance, visual problems, lowered inhibitions, confusion, nausea, or vomiting.

Helping someone who may have been spiked:

- Stay with them and keep talking to them
- Alert a member of staff (or security if you're on campus)
- Call an ambulance if their condition deteriorates
- Make sure they get home safe

Accessing support on campus

Save the University's Security Control Room's general contact number 020 8240 4335 and emergency number 020 8240 4060 in your phone contacts. If you've been affected please contact studentservices@stmarys.ac.uk for further support.

[Click here for tips on how to Stay Safe at St Marys.](#)

Thinking about what to do after Graduation?

Teaching is a rewarding, secure, and enjoyable career where you can make a difference in the lives of children and young people every day!

St Mary's is an outstanding (Ofsted, 2019) [teacher training](#) provider. We train about 800 new teachers each year with amazing employability prospects. As a St Mary's graduate, you would also receive a 10% discount on PGCE fees. Some of the shortage secondary courses include a government-funded training bursary, too.



To find out more join our next [PGCE online open evening](#) on Wednesday 10th November at 7pm via Zoom or head over to the Dolce Vita café on Thursday 11th November, 2pm – 3pm for a [PGCE Coffee and Chat drop-in session](#)

You can also contact our teacher training recruitment experts for advice and with any questions:

farhana.irshad@stmarys.ac.uk (Primary)

clive.woolger@stmarys.ac.uk (Secondary)

[Learn more about our Teacher Training here.](#)

Learning through experience



One of my priorities as Director of Catholic Mission, when it comes to St. Mary's teaching programmes, is the development of "service-learning". Service Learning is an approach to teaching and learning which emphasises students learning from real-world experiences that provide benefits for the wider community.

There are already many great examples of service-learning at St. Mary's. However, we have made a further leap forward with the introduction of a new programme – an MA in Social Justice and Public Service - from next September.

Students will be able to choose from a wide variety of modules with a strong social justice flavour (including modules on human trafficking and migration; education and economic development; bioethics; charity management; and Catholic social teaching). They will then do 150 hours of volunteering and an assessment that links their taught modules to their service. We hope this unique programme will be popular, including amongst St. Mary's current undergraduates.

[Learn more about MA in Social Justice and Public Service here.](#)

Shape St Mary's - Student Heart drop-in sessions



We're hosting a series of drop-in sessions week commencing 15th November to provide an update on Student Heart.

It's an opportunity for you to learn more about the Student Heart project, what we've achieved so far, and a chance to share your thoughts and suggestions for phase 2.

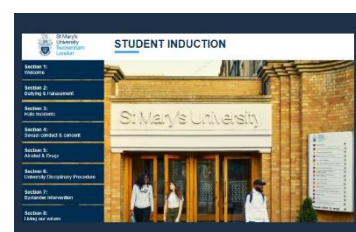
Join us in the...

- Ref on Tuesday 16th from 4:00 – 5:30,
- Dolce Vita on Wednesday 17th from 09:30 - 11, or
- Hub on Thursday 18th from 12 – 1.

You can also visit our dedicated Student Heart website page where we share regular updates and pictures throughout the construction project.

[Visit our dedicated Student Heart website page here.](#)

Quick round up of other news



UniCast Podcast

From making the most of Open Days to what not to put in your Personal Statements, or even how to survive your first night in halls or top tips for making friends as a commuting student, we'll be covering everything you need to know about student life and university applications.

[Find out more here.](#)

Let's get Vaccinated

The POP-UP COVID-19 vaccination clinic returns to campus on Thursday 18 November from 11 - 4. The clinic will be offering 1st or 2nd doses of the Pfizer vaccine. Students must ensure they've allowed at least 8 weeks between their 1st and 2nd jabs.

[Find out more here.](#)

Complete your induction modules?

With #AntiBullyingWeek coming up, it's a good opportunity to complete our St Mary's mini-modules, created to help you understand our St Mary's Values and culture, plus what is expected in terms of conduct and behaviour.

[Find out more here.](#)

Remembrance Day Service

Thursday 11 November 2021 marks Remembrance Day: a time to commemorate victims of war past and present and to remember people significant to us who are no longer here.

The Royal British Legion runs the Poppy Appeal to raise money to provide support for serving or former members of the British Armed Forces. A table will be available in the Ref from 11 am - 2 pm with Poppy Appeal merchandise.

We will be observing the two-minute silence outside the University Chapel. Please gather in the piazza at 10.55 am



[Key Chaplaincy dates are available here.](#)

Key dates for your diary



November 2021

- 4 - EDI meeting (09:30 - 11 am)
- 4 - Diwali in the (Student) Square from 12-1 pm
- 8 - 12th - [Wobble week](#)
- 10 - [PGCE online open evening](#) at 7 pm
- 11 - [PGCE drop-in session](#) in DV 2 pm – 3 pm
- 11 - Armistice Day (on the Piazza @10:55am)
- 12 - '[LGB and Tea](#)' from 12-2 pm in the DV.
- 14 -21 - Interfaith week
- 15 -19 - Anti-bullying week
- 16 - 18 [Student Heart drop-in sessions](#)
- 18 - [Pop-up vaccination clinic on campus](#)

Information about these campaigns will be shared on the Student Union and St Mary's University social media channels

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