



St Mary's University Student Newsletter



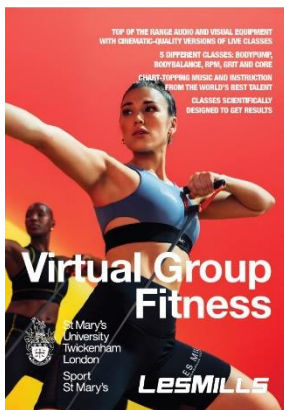
October 2021

Hello Simmie,

Welcome to your fortnightly student newsletter! Read on to find out more about Academic Integrity, updates on EDI activity throughout October, plus the latest in virtual fitness classes from 'Les Mills'.

We also have important updates on our new ChatBot, Simmy, refurbishment works in the Library, and key dates for your diary.

Have you joined a virtual 'Les Mills' exercise class yet?



Sport St Mary's offers a wide range of in-person and virtual Les Mills fitness classes, including BodyPump, BodyBalance, RPM, Core, and Grit.

Have a go at '**Core**'. A scientific core workout for incredible core tone and sports performance. Or try the group indoor cycling workout, '**RPM**', where you control the intensity on a journey of hill climbs, sprints, and flat riding, burning up to 500kcal an hour.

Classes are available Monday – Sunday, from 30mins – 60mins, depending on the class you choose.

To recognise National Stress Awareness Day and the positive impact exercise has on stress management and overall wellbeing, Sport St Mary's will be offering **all classes for free on 3rd November**.

[Learn more about Sports St Mary's gym classes here.](#)

An update on our student EDI networks

October is Breast Cancer, Downs Syndrome, Black History, and Global Diversity Awareness Month. There are many activities going on for Equality, Diversity, and Inclusion (EDI) this month so we thought it might be helpful to give you an update on what's been happening across some of our EDI societies.



Our next EDI (student issues) meeting is on 4th November from 9:30-11. Please email claire.hollinghurst@stmarys.ac.uk for details. We look forward to seeing you there!

[To read our update and find out more click here.](#)

Who wrote it?



Academic Integrity means being honest in your academic work and your studies, making sure you acknowledge the work of others and giving credit where you have used other people's ideas as part of presenting your arguments. Developing good academic practices and study habits is crucial to your success in higher education, and avoiding unacceptable practices like plagiarism or collusion.

We're launching new training modules focused on providing you with an accessible and user-friendly way of updating your knowledge of, and helping you develop skills on Academic Integrity.

[Learn more about Academic Integrity training here.](#)

Top Tips to help you succeed

The '[Top 10 Tips](#)' article we included in the last Newsletter struck a chord with you as it was the most clicked-on item. So, we thought it might be helpful to follow up with some more detailed '[Top Tips for Success](#)' developed by staff in the Centre for Teaching Excellence and Student Success (CTESS). These tips are likely to be particularly relevant for new students. However, some Year 2 and Year 3 students might also find it helpful!



[Read our one-page 'Top Tips' here.](#)

Shape St Mary's - Introducing the Student Hub



Your feedback is vital to help improve life for Simmies. In response to feedback we received from students about their experience of our Library, we've invested in upgrading and redesigning the front of the St Mary's Library.

The new Student Hub is designed to create a more welcoming space for you to study, meet friends and is also the single point of contact for all student questions.

If you've got ideas on how we can shape your student experience, there are lots of ways you can share your feedback, from online surveys such as the NSS to in-person feedback sessions. Take a look at some of the other improvements we've made as part of [Shape St Marys: Your study life](#).

[To find out how to share your feedback click here.](#)

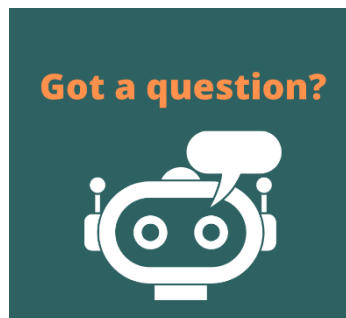
Quick round up of other news



Interfaith week

From 14 - 21 November we will be celebrating our diverse student and staff community during Interfaith Week. Look out for more information in the coming weeks, but be ready for activities in the Students Square, Chapel, Sports Centre and a wide range of talks on misconceptions, global warming and much more.

[Find out more here.](#)



Ask Simmy

Our online 24*7 virtual assistant, Simmy provides first-line help for a wide range of frequently asked questions about IT, Library, Registry (Student Degree Administration), Moodle, Careers Services, Accommodation, Counselling, and Fees. You can now also view your timetable and bus times from campus.

[Find out more here.](#)



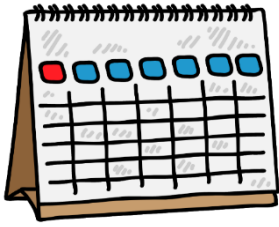
Library support

Our Library team are running regular drop-in sessions to help you get the best from our St Mary's Library. The team can help you search the library catalogue (Summon), find relevant sources of information for your assignment and assist with 'Referencing'.

Follow them on IG for regular updates (@librarystmarys).

[Find out more here.](#)

Key dates for your diary



October 2021

- 27th October - [Postgraduate Open Evening](#)

November 2021

- 3 November - [National Stress Awareness Day](#)
- 4 November - EDI meeting (09:30 - 11am)
- 11 November - Armistice Day (on the Piazza @10:55am)
- 14 -21 November - Interfaith week
- 15 -19 November - Anti-bullying week
- 18 November - Pop-up vaccination clinic on campus

Information about these campaigns will be shared on the Student Union and St Mary's University social media channels

St Mary's University 2021

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