



St Mary's  
University  
Twickenham  
London

# St Mary's University

## FA Women's High-Performance Football Centre Newsletter

OCTOBER 2023

### DATES FOR THE DIARY

1st-31st October

**Black History Month**

Monday 2nd October | 5.45-7.30pm

GK Centre at Alec Reed Academy

Wednesday 4th October | 8-9am

ETC Lead Regional Call

Thursday 5th October | 8-9am

Female Coach Development Group

Monday 9th October | 5.45-7.30pm

GK Centre at Alec Reed Academy

Monday 16th October | 5.45-7.30pm

GK Centre @ Alec Reed Academy

Thursday 20th/Friday 21st October  
10am-4pm

FAWNL Event at St George's Park

Monday 30th October | 5.45-7.30pm

GK Centre at Alec Reed Academy



## Welcome to the October 2023 edition of the FA Women's High- Performance Centre newsletter

After a successful FIFA Women's World Cup in Australia this summer, the growth of the women's game continues to rise. According to the BBC, over 12 million viewers tuned in to watch the final between Spain and England. As the sport continues to reach new audiences within both a spectator and participant level, along with partnering Women's High-Performance Centres, we at St Mary's FA WHPFC are proud to facilitate opportunities for our university students and intentional coaches within our region to access development support and learning opportunities to help support the growth of the women's game.



@StMarysWHPFC



@SportStMarys

October is **Black History Month** and, celebrated from Sunday 1st October through to Tuesday 31st October, is widely regarded as one of the prominent cultural celebrations in the UK. This national celebration aims to promote and celebrate the contributions of those with African and Caribbean heritage to British society and to foster an understanding of Black history in general.



Jess Carter



Lauren James

With the Lionesses' recent successes, we place a spotlight on **Jess Carter** and **Lauren James** who, playing their club football at Chelsea Women FC, both made a significant contribution to England's run to the FIFA Women's World Cup Final.



media today. He is a highly respected broadcast journalist, currently hosting his own show on *TalkSport*, three nights a week.

For more information on Black History Month, please visit [www.blackhistorymonth.org.uk](http://www.blackhistorymonth.org.uk).

Another current success to celebrate during Black History Month is **Hugh Wozenecroft**, who is one of our most high profile St Mary's University alumni working in the





St Mary's  
University  
Twickenham  
London

# St Mary's University

## FA Women's High-Performance Football Centre Newsletter

OCTOBER 2023



Congratulations to **Kiah Owen** on her appointment in the newly created role of Centre Co-ordinator at the St Mary's FA Future Lionesses GK Centre. The Centre, which is delivered in Northolt, has seen a transition in technical coaching appointments recently and Kiah, with her enthusiastic personality, organisational capabilities and attention to detail, adds to the team perfectly.

In addition to regularly representing the University in both football and futsal, Kiah is also a SIMMSport coach alongside her teaching studies. Her new role will add to the experience that Kiah acquires and we are very fortunate to have someone of Kiah's ability joining us in taking the programme forward.

Good luck for the season, Kiah.

For information on how you can get involved within the FA Future Lionesses GK Centre at Alec Reed Academy, Northolt please email [craig.taylor@stmarys.ac.uk](mailto:craig.taylor@stmarys.ac.uk).



A huge congratulations to St Mary's University student, **Dominika Netschova**, who attended the Grassroots Female Coaches Conference at St George's Park on behalf of Middlesex FA. Dominika had the opportunity to hear from guest speakers, such as Hannah Dingley, Natalie Henderson and Sally Needham, as well as being able to meet and network with fellow coaches from across the country.

In addition to this, Dominika also attended the FA Middlesex Grassroots Awards, having been shortlisted and amongst the finalists for the Coach of the Year award for within the female pathway. Dominika credits a large proportion of her success to the Chelsea Foundation coaching degree programme at St Mary's University, in particular, to all the lecturers that she had last year for their support which, she describes in her own words as helping her to have 'that little bit of confidence and self-belief that was missing at times'.

Congratulations to Dominika for all of her recent successes and good luck for the upcoming academic year.



### October 2023 Regional Fixtures

#### 8th October

Hashtag United vs MK Dons (2pm KO)  
London Bees vs Cardiff City (2pm KO)

#### 10th October

Chatham Town vs London Bees (7.45pm KO)

#### 11th October

MK Dons vs Rugby Borough (7.45pm KO)

#### 22nd October

London Bees vs Oxford United (2pm KO)  
Cardiff City vs MK Dons (2pm KO)