



St Mary's  
University  
Twickenham  
London

## FEBRUARY 2024

### DATES FOR THE DIARY

Monday 5th February | 5.45-7.30pm  
GK Centre @ Alec Reed Academy

Tuesday 6th February | 8-9am  
Female Coaches' Call

Thursday 8th February | 9am-5pm  
UEFA C Block 2 Day 1

Friday 9th February | 9am-5pm  
UEFA C Block 2 Day 2

Monday 12th February | 5.45-7.30pm  
GK Centre @ Alec Reed Academy

Monday 19th February | 5.45-7.30pm  
GK Centre @ Alec Reed Academy

Wednesday 21st February | 6-10pm  
Coaching Group FAWNL Match  
Observation

Monday 26th February | 5.45-7.30pm  
GK Centre @ Alec Reed Academy

# St Mary's University

## FA Women's High-Performance Football Centre Newsletter



## Welcome to the February 2024 edition of the FA Women's High- Performance Centre newsletter

With International Women's Day fast approaching in March, in support of all of the other brilliant activities that The FA and St Mary's University will be hosting, the St Mary's FAWHPFC will be hosting a series of webinars to celebrate and champion female practitioners within women's football, looking into their entry into their professions and what has helped them to get towards the top of their fields. Please do check out the list of scheduled webinars below for International Women's Day week and if you are interested in joining one or more, please do follow the registration process.



@StMarysWHPFC



@SportStMarys

### Monday 4th March Webinar



9-10am

A chance to sit down and chat with current WSL referee, **Lauren Impey**, about her experiences so far in officiating in the female game, along with discussing her transition from being a player into taking a different direction within the game.



12.30-1.30pm

From playing WSL and International football to now being a head coach within the FAWNL, we spend the hour speaking to former Chelsea, Manchester City and Republic of Ireland goalkeeper, **Marie Hourihan**, about her playing career and her journey into coaching.



4-5pm

We welcome **Sally Needham** back to discuss her role as the lead for human development and performance culture at Sheffield United boys' academy, as well as discussing working across both boys' and girls' football, neuroscience and coach education.

### Thursday 7th March Webinar



9-10am

We speak with Bradford City AFC head coach, **Emily Senior**, about her experiences working with a new team and how to manage and prioritise a role in coaching whilst working full-time in a different area.



12.30-1.30pm

An opportunity to speak with long-serving Derby County FC Women head coach, **Sam Griffiths**, about coaching in the FAWNL and her full-time role working for The FA in coach development and coach education.



4-5pm

We welcome **Sinead McSharry**, Women's Soccer Head Coach at St Lawrence University, United States, onto the call to discuss considerations and opportunities available to coaches looking to experience coaching in a different country.

For information on how to book onto any of the webinars above, please email: [craig.taylor@stmarys.ac.uk](mailto:craig.taylor@stmarys.ac.uk)