

RECONNECT WEEK



ACTIVE 4 ALL

FREE PHYSICAL ACTIVITY
SESSIONS OPEN FOR ALL

Monday
22nd
January

17:00-19:00 Performance Hall

Wheelchair Basketball

All equipment provided,
open to all!



Tuesday
23rd
January

17:00-18:30 Tennis Centre

Wallball

introduction hosted by
Wallball UK!



Wednesday
24th
January

17:00-19:00 Performance Hall

Ultimate Frisbee

session with @sycultimate
and GB representatives!

SYC

Friday
26th
January

15:30-17:00 Tennis Centre

Football masterclass

with a Premier
League superstar!

